



# The Way Home

An outreach e-communication from Papillon Haven Rescue (PapHaven)

Issue #93

[www.paphaven.org](http://www.paphaven.org)

summer 2019

Papillon Haven Rescue is a 501(c)(3) charitable organization. All donations are tax deductible to the extent allowable by law.

## 2000+ rescued & counting! Celebrating 16+ years!

**Fostering Saves Lives!**

# PHR needs your help!

**P**apillon Haven Rescue (PHR) is getting drastically low on funds, and recent fundraising events have produced lower than normal revenue. We are approaching a point where we will need to stop expenditures, which will mean no more rescue intakes.

Additionally, we have had several rescues that have had extremely difficult – and therefore expensive – health concerns.

For some foster homes, it has become very difficult to find a veterinary clinic that is not outrageously expensive. There is a drastic difference in the vet costs between places like Philadelphia, Pa. and Hot Springs, Ark. We do have some vets that are willing to work with us to reduce some of the costs, BUT we are a rescue group and do not have unlimited funds.

PapHaven is seeking donations to help us keep the doors open. If you can help, visit [www.paphaven.org/donate.shtml](http://www.paphaven.org/donate.shtml) or send checks payable to PapHaven to:

**Jan Jorolan  
Papillon Haven Rescue  
PO Box 20306  
Hot Springs, AR 71903**

Whatever support you can give will be greatly appreciated.

### Other fundraising ideas

**Do you shop with Ebates or Rakuten?** Would you be willing to give your rebate check to PapHaven? You can sign over your rebate check by writing on the back “pay to the order of PapHaven Rescue” and mailing it to the address mention earlier in this article.

**Do you use Amazon like so many of us?** Did you know that you can set up a “Smile” account in you Amazon settings that will allow you to designate a charity to receive a percentage of your purchase from Amazon? You don’t pay anything, this donation comes directly from Amazon.

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**Mea Cupla!** Please accept my profound apologies for my tardiness! this is LONG overdue ...

Watch for the next issue of *The Way Home* for more exciting and informative stories.



PHR is not just a Papillon rescue, its a love and passion to see these beautiful dogs that are abandoned, neglected, and often left without an owner due to death given a chance for a second life with love and compassion.

# PHR needs your help!

(continued from pg. 1)

Would you be willing to set this up in your Amazon account? If so, go to [smile.amazon.com](https://smile.amazon.com)

## Using Amazon Smile

### What is AmazonSmile?

AmazonSmile is a simple and automatic way for you to support your favorite charitable organization every time you shop, at no cost to you. When you shop at [smile.amazon.com](https://smile.amazon.com), you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to your favorite charitable organization. You can choose from over one million organizations to support.

### How do I shop at Amazon Smile?

To shop at AmazonSmile simply go to [smile.amazon.com](https://smile.amazon.com) from the web browser on your computer or mobile device. You may also want to add a bookmark to [smile.amazon.com](https://smile.amazon.com) to make it even easier to return and start your shopping at AmazonSmile.

### Which products on AmazonSmile are eligible for charitable donations?

Tens of millions of products on AmazonSmile are eligible for donations. You will see eligible products marked "Eligible for AmazonSmile donation" on their product detail pages. Recurring Subscribe-and-Save purchases and subscription renewals are not currently eligible.

### Can I use my existing Amazon.com account on AmazonSmile?

Yes, you use the same account on Amazon.com and AmazonSmile. Your shopping cart, Wish List, wedding or baby registry, and other account settings are also the same.

### How do I select a charitable organization to support when shopping on AmazonSmile?

On your first visit to AmazonSmile [smile.amazon.com](https://smile.amazon.com), you need to select a charitable organization to receive donations from eligible purchases before you begin shop-



ping. We will remember your selection, and then every eligible purchase you make at [smile.amazon.com](https://smile.amazon.com) will result in a donation.

### Can I change my charity?

Yes, you can change your charity any time. Your AmazonSmile purchases after the change count towards your newly selected charity. To change your charity, sign in to [smile.amazon.com](https://smile.amazon.com) on your desktop or mobile phone browser and simply select "Change your Charity" in "Your Account."

### What charities can I choose from?

You can choose from over one million eligible 501(c)(3) public charitable organizations.

### What if my selected charity does not register to participate in

### the AmazonSmile program or becomes ineligible?

If your selected charity does not register to participate, becomes ineligible, or requests to be removed from the program, you will have a chance to select a different charity to receive the accrued donations that have not yet been disbursed to your charity. If you do not select a different charity, the accrued donations will be distributed to other organizations receiving donations.

### If I represent a charitable organization, how can I learn more about registering my organization for AmazonSmile?

Go to [org.amazon.com](https://org.amazon.com) to learn how to register your organization to receive donations.

### How much of my purchase does Amazon donate?

The AmazonSmile Foundation will donate 0.5% of the purchase price from your eligible AmazonSmile purchases. The purchase price is the amount paid for the item minus any rebates and excluding shipping & handling, gift-wrapping fees, taxes, or service charges. From time to time, we may offer special, limited time promotions that increase the donation amount on one or more products or services or provide for additional donations to charitable organizations. Special terms and restrictions may apply. Please see the relevant promotion for complete details.

### Can I receive a tax deduction for amounts donated from my purchases on AmazonSmile?

Donations are made by the AmazonSmile Foundation and are not tax deductible by you.



## Help desperately needed

# Senior shelter dog saved by PHR

**Editor's note:** *this story is REAL! And all too often, we at PHR have this type of rescue in the works with many dogs. I wish I could say that Jules is a unique case ... and he does have some unique problems/issues ... but this type of situation has happened already this year with at least 6 to 8 dogs. And if each needs \$3,000 or more to help them, imagine what the total cost is for the 100 to 200 pap and pap-mix dogs that PHR takes in every year. We understand that money is tight for everyone; but without your help we are afraid that PapHaven could have to close its doors! Please help if you can ... Thank you*

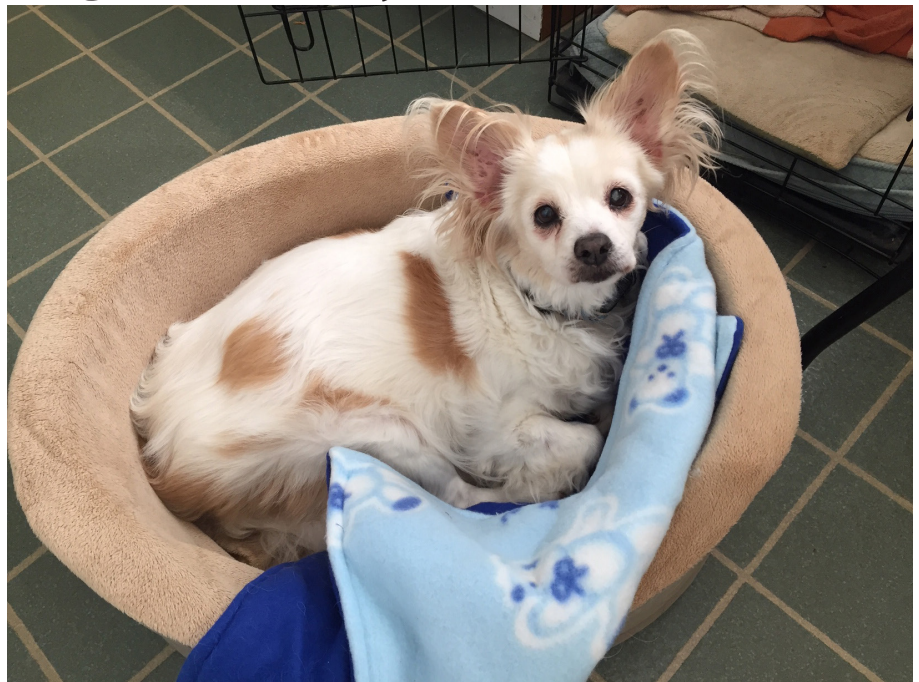
## Dear PHR Friends, Supporters and Alumni,

Jules is a senior papillon mix that PapHaven recently pulled from a shelter in southern California's Riverside County when we learned of his imminent euthanasia. PHR pulled Jules from the shelter on June 27, and he arrived at his foster home in northern California on June 28.

Jules has many health issues, and PapHaven needs your help to give this sweet boy the life he deserves. Even though Jules was severely neglected and then abandoned, he is a calm, lovely dog with the potential to lead a wonderful and healthy life. After only a week in foster care, he is wagging his tail and looks forward to his walks – a new world is opening up for this gentle little guy.

## Jules needs your help!

It is quite probable that Jules has never seen a vet. He is undoubtedly in a lot of pain due to a massive oral infection and needs to have most of his teeth removed and the infection stabilized with



antibiotics. He has limited vision because of cataracts that may be able to be removed, restoring his vision. He has many large, superficial tumors that thankfully are not cancerous, but may need to be removed. He is very overweight, so a healthy diet will need to be introduced.

Please help PapHaven give this dog the medical help that he needs and deserves. We are setting a goal of \$3,000 for his vet expenses, but would be grateful for more. Anything over this amount will go to help other dogs in critical need!

**Do you have a birthday coming up?** Instead of giving you gifts, please consider asking family and Facebook friends to donate to Jules in honor of your birthday. This is just one of the many ways that you can help us raise money for Jules.

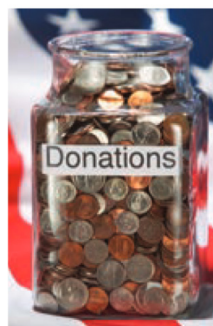
Please give whatever you can – no amount is too small.\* To donate, please give here (and please share this link): [www.paphaven.org/donate.shtml](http://www.paphaven.org/donate.shtml) or send checks payable to PapHaven to:

**Jan Jorolan  
Papillon Haven Rescue  
PO Box 20306  
Hot Springs, AR 71903**

And, from all of us at PapHaven Rescue, thank you for supporting our mission, our work, and for helping Jules, and those like him, to recover.

## Make donations thru PayPal

[www.paphaven.org/donate.shtml](http://www.paphaven.org/donate.shtml)



Remember -  
all donations are  
tax deductible!



# ROAD-TRIPPING WITH FIDO?

## SHOW SOME RESTRAINT

Although driving without securing a small child in a car seat is illegal in all 50 states, only New Jersey bans pets from riding unrestrained in cars. What's worse: animal restraints—specifically those for dogs—are not widely used, even though pet travel has increased 300 percent since 2005.

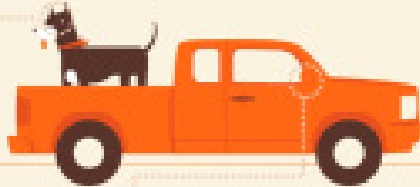
### THE SCARY TRUTH



90% of pet owners admit to traveling in a car with a dog.



68% of dogs traveling in a car are not properly restrained.



33% of dog owners admit to being distracted by their pets while driving.



Unrestrained pets could delay emergency responders' access to injured human passengers.



Unrestrained pets could escape through a window and cause a second accident.



At 35 mph, a 50-pound dog becomes a 2,700-pound projectile.

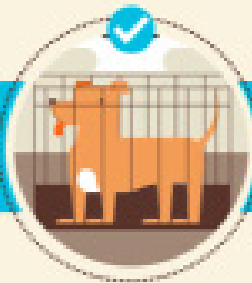
### TIPS FOR A SAFER TRIP



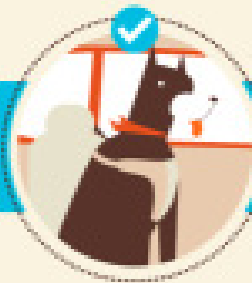
Don't allow a dog to ride with its head outside a car window, as dirt and debris can cause injury or infection.



Dogs should never ride on a driver's lap.



Small pets should ride in crates or travel-safe dog beds.



Large dogs should be restrained with harnesses linked to a car's seat belts.

## TAKE ACTION

LEARN MORE ABOUT ANIMAL SAFETY AT [TAKEPART.COM/ANIMALS](http://TAKEPART.COM/ANIMALS)



# Natural Remedies for Flea & Tick Control

[http://www.petmd.com/dog/wellness/evr\\_multi\\_flea\\_control](http://www.petmd.com/dog/wellness/evr_multi_flea_control)

While we may not be able to roll back the global warming trend, there are easier, softer ways to treat parasites, and ways in which we can avoid some of the pests.

A lot of people are reluctant to use chemical flea treatments because of the possibility of a toxic reaction with the skin. “If it isn’t safe for my children, how can it be safe for my pet,” they ask. Unless it is a full blown flea infestation, you may have good results by using gentler and safer methods for flea eradication and control.

## 1. Juice ‘Em Away

Fleas are known to be repelled by citrus. A freshly squeezed orange or lemon can be rubbed onto your pet’s fur, with no harm to your pet if it is licked off, and fresh smelling fur to boot.

## 2. Rub-a-Dub Tub

Remember the old cartoons where dogs would jump into water to relieve themselves of fleas? Water really does work. Since fleas do not grasp onto the hair shafts, they fall off in the water

and drown. A good dip in a tub of water will wash away most, if not all of the fleas on your pet. Using a gentle shampoo, or a little bit of dish liquid, perhaps one with a citrus base (fleas are repelled by lemon and orange), along with thorough and regular brushing, will go a long way toward ridding your pet’s body of fleas.

## 3. A Clean Home is a Happy Home

Around the house, vacuuming, laundering, and disinfecting the floors and your pet’s living spaces will help to control the population of fleas (just make sure you do not use products with volatile organic compounds). In the yard, you might consider adding a natural predator of fleas. Nematodes are small worms that feed off of flea larva, and are easy to find at garden stores or pet shops. Keep in mind that the type of nematode that is being recommended here is termed a “beneficial” nematode. It is not the type that is known for infecting animals as heartworm.

## 4. Blades of Fury

Ticks hang out in tall grass and use the opportunity to grab on to passersby when they feel body warmth. If you are going to be spending time in wooded or grassy areas with your dog, you might want to fashion some cover-up clothing for your dog to avoid ticks. An old t-shirt can be altered to fit your dog’s body, and old socks can be cut to make “leg warmers.” This may not entirely prevent ticks from making their way onto your dog, but it keeps most of them off since they have nothing to latch onto, and will slow the rest down so they do not spend as much time on your dog’s skin.

## 5. Essential Oils

Because ticks carry dangerous bacteria, repelling them is a priority. One of the natural repellents that a lot of people have success with is rose geranium oil, which can be applied to your dog’s collar. Do NOT use this on your cat, though. They can have a bad reaction to essential oils. With ticks, the best thing you might do it to check your pet a few times a day when you are in an area that has ticks, and remove them promptly. Proper technique is important for removing ticks and fleas, so make sure that you consult a veterinarian before doing it yourself.

Now that you have a few alternate means of combating fleas and ticks, you can feel confident that your pets will remain bug-free throughout the year – especially in the summertime, when there are plenty of nasty critters to worry about.





# NY Braces for Self-cloning Asian Longhorned Tick

by Adam Piore, Columbia University News – <https://www.lymedisease.org/new-york-asian-longhorned-tick/?sfns=mo>

**S**taten Island residents have another reason to apply insect repellent and obsessively check for ticks this spring and summer: the Asian longhorned tick.

The population of the new, potentially dangerous invasive pest has grown dramatically across the borough, according to Columbia University researchers.

And the tick – which unlike other local species can clone itself in large numbers – is likely to continue its conquest in the months ahead.

“The concern with this tick is that it could transmit human pathogens and make people sick,” explains researcher Maria Diuk-Wasser, an associate professor in the Columbia University Department of Ecology, Evolution and Environmental Biology, who studies ticks and human disease risk.

## Larger infestation than previously known

In a new study appearing in the April issue of the journal *Emerging Infectious Diseases*, Diuk-Wasser and colleagues provide the most exhaustive local census of the new species to date. It suggests that the Staten Island infestation is far more advanced than previously known.

The researchers found the species *Haemaphysalis longicornis* in 7 of 13 parks surveyed in 2017 and in 16 of 32 in 2018.

In one park, the density of the ticks per 1000 square meters rose almost 1,698 percent between 2017 and 2018, with the number of ticks picked up in the sample area rising from 85 to 1,529. They also found the ticks on anesthetized deer from the area.

The news comes less than a year after the New York City Department of Health announced the discovery of the first member of the species in the city – a single tick – found on southern Staten Island last August.

The tick, native to Asia and Australia, had been identified in the months prior to the Staten Island sighting in New Jersey, West Virginia, North Carolina and Arkansas and just a few weeks earlier in Westchester County.

The Westchester sighting prompted a number of state senators to send a letter urging state health officials to act aggressively to stop the spread of the new species.

Public health officials are particularly concerned because the longhorned tick is notorious for its ability to quickly replicate itself.

## Self-cloning

Unlike deer ticks, the common local variety known for carrying Lyme disease, the female Asian longhorned can copy itself through asexual reproduction. It can also reproduce sexually, laying 1,000-2,000 eggs at a time.

They are typically found in grass in addition to the forested habitats that deer ticks prefer, adding a new complication to



public health messaging. The Columbia analysis suggests that the public warnings may have come too late.

“The fact that longhorned tick populations are so high in southern Staten Island will make control of this species extremely difficult,” says Meredith VanAck-er, a member of Diuk-Wasser’s lab who collected the data as part of her Ph.D. thesis.

“And because females don’t need to find male mates for reproduction, it is easier for the population to spread.”

The threat these new arrivals pose to human health is unknown. In Asia, there have been reports of ticks passing on a virus that can cause a number of diseases. These include hemorrhagic fever and ehrlichiosis, a bacterial illness that can cause flu-like symptoms and lead to serious complications.

The arrival of the species on Staten Island adds another unwelcome dimension to the region’s tick woes, which have grown dramatically in recent years. Thanks to an expanding deer population, Lyme disease spread through deer ticks has reached epidemic proportions in some areas of the Northeast. Deer ticks (also called blacklegged ticks) are capable of disseminating at least six other human pathogens.

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# NY Braces for self-cloning Asian Longhorned Tick

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The first Asian long-horned tick in the U.S. was identified in New Jersey in 2013. A large population was later found on sheep in Mercer County, New Jersey.

## First human bite prompts alarm

Diuk-Wasser became aware of the potential danger when a doctor at a Westchester clinic removed a tick from a patient and sent it in for identification. The discovery of the first human bite prompted widespread alarm.

By then, the Columbia team was already in the midst of an extensive “tick census” on Staten Island. The goal was to determine

how the landscape connectivity between urban parks influenced the spread of disease.

The Asian longhorned is easy to miss because it resembles a rare native species of rabbit tick. VanAcker spent months combing areas of Staten Island for ticks, dragging a square-meter corduroy cloth over leaf litter and examining it every 10 to 20 meters.

Diuk-Wasser, post-doctoral student Danielle Tufts and other members of the Diuk-Wasser lab found huge numbers of them on the bodies of unconscious deer that had been captured and anesthetized by wildlife authorities.

VanAcker found her collections were overflowing with the

new species, leading to publication of the current study in *Emerging Infectious Diseases*.

Her work on landscape connectivity, slated to appear in the June issue of the same journal, drives home the difficult decisions facing policymakers as they attempt to arrest the spread of the new species and others like it.

“The easier it is for deer to maneuver through urban landscapes between parks, the more likely the ticks are to spread to new areas,” Diuk-Wasser says. “This suggests that the emphasis on urban wildlife corridors has a previously unappreciated downside for human health.”



**May 2019 – PHR members showed off their pride at the 2019 Papillon National Speciality Rescue Parade!** Pictured left to right are Sharon McGowan; Gail O'Connor; Andy Watson (behind); Lorraine Achey with Clark & Teddy; Teresa Shipman (behind) w/Orchid; Wally Newburn with Connor; Ivy Repasky with Missy & Caroline; Richard Penney with Lacey Jaye; Lyndell Penney with Lucy Lorraine; Jan Jorolan with Spudlette & Angeleta.



# Protecting Your Pet Against Coyotes & \Birds of Prey

<http://www.dogster.com/lifestyle/protect-your-dog-predators-coyotes-birds-of-prey>

If you live in an area frequented by predatory animals, don't just hope for the best. Our tips could save your dog's life.

Up until two years ago, Dolly and Spot were city dogs. The only wildlife they encountered were squirrels and birds of the nonpredatory variety. We did run into a possum once on an after-dark walk, and its glowing eyes and hissing hello sent us running as if a pack of hellhounds were in pursuit.

We live in suburban Phoenix now, just a few blocks from miles and miles of reservation and state lands. More than once I have pulled over to check out a lost dog only to discover it was a coyote that didn't want or need my help. And during a game of fetch in the green space near our home, a large bird at the far end caught my eye, but thankfully not the pups' attention. It was a hawk, just hanging out on the grass. I decided it was time to head inside.

The need to keep pets safe from predator attacks gets its fair share of coverage by the media, but typically only when a coyote snatches a celebrity's dog or a hawk drops a puppy from the sky. Regular dogs and cats go missing every day. Distraught owners often never know the fate of their beloved pets, but in certain areas of the country they can assume the worst.

With that in mind, I put together the following tips for protecting dogs against two common

predators: coyotes and birds of prey. Check out *Catster* for info specific to kitties.

## Coyotes

These pack animals live in every state except Hawaii. Coyotes eat whatever they can find, from seeds and fruit to small animals, both alive and dead. They pose a particular threat to cats and dogs weighing less than 25 pounds. That said, two coyotes could take down a larger animal, according to Rory Aikens, Public Information Officer with the Arizona Game and Fish Department. He explains, "One will keep the dog's attention, while the other comes up behind to hamstring it."

Aikens also corrects a common misunderstanding about coyotes. Many informational resources state that coyotes breed once a year in the spring, and that pet owners should be hyper-aware during this time, because the presence of pups increases food requirements for the pack. Aikens says coyotes can produce up to six litters per year, and stresses the need to stay vigilant no matter the season.

### 1. Start in your backyard

While a wily coyote can breach just about any barrier, some do exist to keep the predators out if you have the freedom (read: no homeowners association) to install them. A coyote-proof fence measures 6 feet tall or higher and has a roller bar or 15-inch woven-wire extension on top. It also extends into the ground or has



a wire apron to prevent coyotes from digging under and into your yard.

If HOA regulations prevent you from creating such a barrier, do the following to make your yard less attractive to the predators:

- Install motion-sensitive lighting.
- Trim landscaping to eliminate hiding places.
- Add a roof if you have an outside kennel.
- Remove bird feeders, pick up fallen fruits and nuts from trees, and regularly harvest gardens; the food attracts not only coyotes but also their natural prey.
- Keep trash bins in the garage or use animal-resistant models if allowed by your collector.

These efforts also deter invading mountain lions and bobcats, especially if you remove cave-like areas and water sources such as fountains. They also discourage nuisance animals such as possums and raccoons.

### 2. Change your behavior

If you live in an area where coyotes regularly roam, also make a habit of the following:

- Use a 6-foot, nonretractable leash and avoid walking at dawn and dusk.

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# How to Protect Your Dog

(continued from pg. 6)

- Keep food and water bowls inside.
- Supervise your dog while in the yard, especially at dawn and dusk; never tie your dog up outside.
- Close any pet doors before dusk each day.
- Do not allow your dog to interact with wildlife; doing so teaches him or her it's okay to approach strange animals.
- Never feed wildlife.

### 3. Know how to handle an encounter

If you cross paths with a coyote while walking your dog, get a firm grip on the leash, make eye contact with the predator, and slowly back away. If the coyote approaches, wave your arms over your head and yell at it. I like to think I would shout, "GO AWAY, STUPID COYOTE, OR I'LL DROP AN ANVIL ON YOUR HEAD," but I suspect a terrified sort of grunting would come out instead. If it seems intent on getting closer, start throwing anything within reach – rocks, dirt, a shoe – to let the coyote know you pose a threat. You also can take along a personal alarm, walking stick, and pepper spray for defense.

Use these same scare tactics if you spot a coyote in your yard. You can shine a flashlight on the coyote or turn a hose on it. "Coyotes are smart, incredibly smart, and they know they cannot survive long if injured. Their

response, typically, will be to get the heck out of there," Aikens says.

He also advises, "Don't come between your pet and the wild animal." Now, my first instinct would be to do exactly that, but Aikens says that scaring the coyote off serves as your best course of action. If you concentrate only on grabbing your dog, you take your attention away from the coyote; your dog also may bite you in the stress of the situation. He suggested keeping a baseball bat handy in case you do need to break up a physical altercation between your dog and a coyote. And while harming a coyote while protecting your pet typical-



ly won't land you in trouble with the law, the use of certain weapons within city limits may.

### Birds of Prey

Which birds of prey soar above your neighborhood depends on where you live. In the Phoenix area and throughout most of the Southwest, the red-tailed and Harris' hawks and the great horned owl pose the biggest

threats to small dogs (weighing less than 20 pounds) and cats. The hawks hunt rodents and ground-dwelling prey during the day, while the owl comes out during low light and at night to catch ground-dwelling and flying animals. Unfortunately, according to Aikens, domestic cats make up a significant portion of the great horned owl's diet in this area. Hawks and owls pose a year-round threat in the Southwest, one that only increases from September through April when northern birds of prey take up residence.

### 1. Provide additional protection

Many of the actions you take to protect your dog against coyotes will carry over to birds of prey. Adding a roof to an outside kennel or otherwise providing secure shelter in your backyard remains key to keeping your pet safe; if the hawk or owl can't see your dog, he or she doesn't exist as prey. My parents have the perfect setup at their home, a spacious covered patio enclosed by a pool gate. Dolly and Spot can safely nap the afternoon away there, and they regularly do. Also, trim dead branches from trees to eliminate places to perch or nest.

### 2. Know how to handle an encounter

If a hawk or owl does show up in your yard, bring your dog inside if necessary, then scare the bird off; the beam of a flashlight will send a great horned owl flying. If a bird of prey builds a nest in your yard, keep your dog away until the babies leave, then remove the nest; removing one that contains eggs or nestlings violates state and federal laws, as does harming birds of prey in general.

(continued on pg. 7)

# A Rescue Dog's True Cost!



**Kenneling** \$200  
a month



**Vaccinations & testing** \$100  
plus



**Dental** \$250  
(if needed) plus



**Transport** \$125  
of month



**Spay/Neutering** \$100  
plus



**Grooming** \$45



**Preventatives** \$25  
(Frontline, Heartgard, etc.) a month



**Rescue's Cost** \$600/  
\$900

Saving a Life & getting a new best friend...

**PRICELESS!**



**Adoption Fee** only \$300

Design by ARF - arfDogSong **arf**

# Knowing the Right Time to Say Goodbye to a Pet

*Editor's note: while this is a topic that none of us ever wants to think about ... unfortunately we are sometimes put in the position of having to help our beloved pet across the bridge for his/her own good. And as we would never want our pet to suffer needlessly, this article may help you with your decision.*

**End-of-life decisions for animals are difficult. A veterinarian has developed a scale to help clear up the confusion.**

By Tara Parker-Pope – <https://www.nytimes.com/2019/03/19/well/family/pet-dog-cat-death-euthanasia.html?register=email&auth=register-email>

March 19, 2019

Nearly 14 years ago, my daughter and I were grieving the death of my mother, and it seemed nothing could lift our spirits. Then we got Fluffy, a bouncing bundle of gray and white puppy, and everything changed.

Fluffy kept us busy with pee pads and squeaky toys. She made us laugh in spite of our sadness, and the gray clouds of grief began to recede.

Over the years, our 10-pound fluff ball was a constant in our lives. We dressed her up in holiday sweaters, celebrated her birthdays, and scolded her for sneaking food from the cat's dish. But in recent weeks, as our walks slowed down and her naps grew longer, it became clear that our time together was limited. I hoped that in the end, Fluffy would have a natural death, drifting off to sleep for good on her favorite soft pillow.

A natural death is what many of us hope for with our pets. They are members of our family, deeply enmeshed in our lives, and for many of us, thoughts of euthanasia seem unfathomable, so we

cling to the notion that a natural death is desirable.

But my veterinarian advised me that my end-of-life scenario for my dog wasn't realistic. In most cases, a natural death, she told me, means prolonged suffering that we don't always see, because dogs and cats are far more stoic than humans when it comes to pain.

Dr. Alice Villalobos, a nationally recognized oncology veterinarian based in Hermosa Beach, Calif., said that many pet owners idealize a natural death without thinking about what a "natural" death really means. A frail animal, she noted, doesn't linger very long in nature.

"When animals were domesticated they gave up that freedom to go under a bush and wait to die," said Dr. Villalobos. "They

become very quickly part of mother nature's plan due to predators or the elements. And yet in our homes we protect them from everything so they can live a long time – and sometimes too long."

Dr. Villalobos has dedicated her career to helping pet owners navigate end-of-life issues. She created an animal hospice program she calls "pawspice." She coined the name because she doesn't want to confuse end-of-life care for animals with the choices we make for human hospice.

Her program is focused on extending a pet's quality of life. That might mean treating a cancer "in kind and gentle ways," she said. It can mean supportive care like giving fluids, oxygen, or pain medication. In some cases, it might mean hand-feeding for frail pets or carrying an animal to a water dish or litter box. And finally, she said, it means a "well death."

(continued on pg 10)

## How to Protect Your Dog

(continued from pg. 7)

### 3. Educate your neighbors

It takes a neighborhood to ward off predators. "If you're doing everything right, but your neighbor is doing everything wrong, you're going to have conflicts with wildlife," Aikens says. He stresses the importance of educating newcomers to an area, as they may not fully understand the threat. And while you won't likely convince a bird-loving neighbor to take down her feeders, you can take action if a coyote gets too comfortable due to a neighbor's actions.

"If you've got a wild animal, like a coyote, that has obviously lost its fear of humans, it could pose a danger. We want to hear about that," Aikens says. You can find contact information for your local office at the U.S. Fish & Wildlife Service website.



# Knowing the Right Time to Say Goodbye to a Pet

(continued from pg 9)

Dr. Villalobos has advocated what she calls “bond-centered euthanasia,” which allows the pet owner to be present and play a comforting role during the procedure. She has also championed sedation-first euthanasia, putting the animal into a gentle sleep before administering a lethal drug.

To help pet owners make decisions about end-of-life care, Dr. Villalobos developed a decision tool based on seven indicators. The scale is often called the **HH-HHHMM** scale, based on the first letter of each indicator. On a scale of zero to 10, with zero being very poor and 10 being best, a pet owner is asked to rate the following:

- **Hurt:** Is the pet’s pain successfully managed? Is it breathing with ease or distress?
- **Hunger:** Is the pet eating enough? Does hand-feeding help?
- **Hydration:** Is the patient dehydrated?
- **Hygiene:** Is the pet able to stay clean? Is it suffering from bed sores?
- **Happiness:** Does the pet express joy and interest?
- **Mobility:** Can the patient get up without assistance? Is it stumbling?
- **More:** Does your pet have more good days than bad? Is a healthy human-animal bond still possible?

Dr. Villalobos says pet owners should talk to their vet about the ways they can improve a pet’s life in each category. When pet own-

ers approach end of life this way, they often are surprised at how much they can do to improve a pet’s quality of life, she said.

[See Dr. Villalobos’s scale: Assess Your Pet: Is It Time to Say Goodbye? <https://www.nytimes.com/interactive/2019/03/19/well/family/19pet-goodbye-quiz.html>]

By revisiting the scale frequently, pet owners can better assess the quality of the pet’s hospice care and gauge an animal’s decline. The goal should be to keep the total at 35 or higher. And as the numbers begin to decline below 35, the scale can be used to help a pet owner make a final decision about euthanasia.

“Natural death, as much as many people wish it would happen, may not be kind and may not be easy and may not be peaceful,” Dr. Villalobos said. “Most people would prefer to assure a peaceful passing. You’re just helping the pet separate from the pack just as he would have done in nature.”

I discovered Dr. Villalobos’s scale as I was searching for answers for Fluffy in her final weeks. When she did get up, she often stumbled and seemed confused. Sometimes at night, I heard her whimper.

I had reached out to two at-home vet services, [VettedPetCare.com](http://VettedPetCare.com) and [Instavet.com](http://Instavet.com), that both offered compassionate guidance and confirmed my fears that no treatments were available to improve her condition. Fluffy was a very old dog, and they suspected her decline was a result of some



combination of kidney and liver failure, but discouraged extensive testing since the physical symptoms were obvious. One visiting vet gave Fluffy subcutaneous fluids to help with dehydration and make her more comfortable and advised me to spend a final happy day with my dog before calling her for a final visit to end her suffering.

I trusted her judgment, but my tears and the fact that Fluffy still ate a little and wagged her tail when I stroked her clouded my thinking. I turned to the end-of-life scale and was able to see how poorly she was doing, despite the tail wag. I took my vet’s advice and spent a quiet day with Fluffy, giving her the cat food treats she so loved, without any scolding. I revisited the scale several times, just to remind myself that I was doing the right thing. The scale allowed me to make a more detached assessment of Fluffy, and it was a tremendous source of comfort during a very difficult time.

It wasn’t an easy decision or a pleasant one. But it was the right decision. And in the end Fluffy did drift away on her favorite soft pillow, just as I had hoped.

*Tara Parker-Pope is the founding editor of Well, The Times’s award-winning consumer health site. She won an Emmy in 2013 for the video series “Life, Interrupted” and is the author of “For Better: The Science of a Good Marriage.” @taraparkerpoppe*

# Estate planning & your pets

Recently, this author had to make difficult yet mind-easing decisions about her wishes, possessions, and pets in the possibility of her death.

Karen Rhodes, Lifestyle Editor –  
March 4, 2019 | [TheDogPress.com](http://TheDogPress.com)

**F**acing my own demise and having been involved in extreme chaos after the loss of loved ones due to minimal or no planning for their deaths, I did not want to put my family through that if the liver transplant didn't happen.

I tend to look at death as a natural part of life, like a timeline with a beginning and an end. The pre-planning may sound gruesome to those who don't have small children or own animals but I think of it as helping those I love get on with the situation. I don't want them to worry about the aftermath when they may not be in the best frame of mind to think clearly and carry out my wishes.

Organ and tissue donation needs pre-planning and the wishes and legalities of this procedure need to be explored well in advance if it is your decision to give the gift of life and health to another when you die.

I am the parent and legal guardian of a man who cannot make financial or life decisions and this was an extreme worry to me. Having been witness to relatives and friends changing into people they were not before, I felt that pre-planning allowed me some say and safety for those I love. Facing death is definitely a slap in the face but in unexpected, sudden passing there is a shock factor of emotions which are likely to complicate family issues even more.

## *Pets & Personal Possessions*

Like everyone, I have personal possessions I want to allocate to my loved ones and financial things that need to be taken care of after my demise. I could not

bear the thought of certain individuals making life choices for my son, my dogs and my business in the event of my death.

My son and my dogs will live on and I would like to think I have planned the best to allow them a good life.

Are there ownership records or registration certifications for your animals? Can they be easily transferred? Have you written down (and notarized) who they should/could go to if you can no longer care for them?

Having Advance Directives and a Living Will when facing a surgery or major illness can alleviate the initial tension and difficult decision-making for loved ones. Knowing what you want can be extremely helpful to those individuals who may not be willing to make tough choices.

A competent, reasonably priced attorney can help you understand legal terms such as Pow-

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# Estate planning & your pets

(continued from pg 11)

er of Attorney, the responsibilities of an Executor/Executrix, what a Living Will does, how a trust functions and the different types of trusts. Knowing how to navigate the Probate Court, who is responsible for what, how to pay taxes and fees, home and asset distribution and sales, what is a fiduciary, what rights you have on family parcels and possessions, where to file which documents, etc. are legal issues you should explore.

Omsbud people can help but personally, I would be cautious of their knowledge of the legal system. These issues can be very complicated if you are faced with death and are legally unprepared. Just telling someone things you want to happen often results in bad feelings between people and if the paperwork states different objectives it is usually a document which rules over words a court might consider hearsay.

Be very cautious in your planning. There have been situations where agencies, family members, religious institutions, or professionals assigned to the planning of your Estate have gone against the wishes of the deceased.

Granted you ultimately have no control over this but you can have peace of mind and more adherences to post death wishes if you follow the advice of a competent, trusted attorney and a financial advisor.

## Entities Involved In Estate Planning

Different states have different requirements for bank transfers, co-owned accounts, and each

state, town, county, or province all want a piece of the pie. Creditors need to be dealt with prior to the distribution of the deceased's assets. Routine tasks are often frustrating and dehumanizing, an example... try to get out of a cell phone, vehicle lease, or television contract without providing a certified death certificate – it is next to impossible.

Transferring ownership of registered and non-registered animals can be tied up in estate complications unless you are proactive in your approach to the laws regarding these situations. Little Jimmy suddenly decides he does not like horses and cannot live up to the expectations of their proper care. Tangible property art work, vehicles, jewelry, and other valuables have come up missing prior to the distribution of these items, horrific but true.

I do not want to be the bearer of doom and gloom I'm sure many animal owners have complicated health issues and families who can be difficult. I personally find these opportunities to pre-plan the inevitable a comfort to myself, my family, and my beloved animals.



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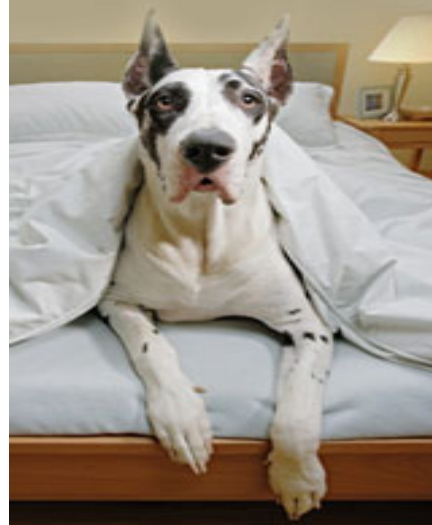
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After being a foster failure with Missy (Gwynn) and a lot of patience and work, she has turned into a wonderful addition to our family.

We now have Missy and Maddie. They are our children. Supporting Paphaven is important to us.

Maddie is on the left Missy on the right. Just finished making a blanket for both of them.



# CBD Oil For Dogs: 10 Things You Didn't Know

By: Dana Scott - <https://www.dogsnaturallymagazine.com/cbd-oil-for-dogs/>

**H**olistic vets have been sending us some interesting reports about the benefits of CBD oil for dogs in their care ...

A senior Staffordshire Terrier had a 6cm mammary tumor and metastasis that disappeared in 3 months and didn't come back ...

A Jack Russell Terrier had a severe heart murmur and painful arthritis and, after a month, he wanted to go for long walks and his murmur was much improved ...

These are two examples of from Australian vet Edward Bassingthwaite. "I simply can't explain the improved heart murmur" says Bassingthwaite. "They normally don't get better."

## **CBD Oil For Dogs: What You Might Not Know**

The results seem to be in ... researchers are turning their attention to this herb. So far, they're finding there's lots to like. And just as CBD has helped humans, your dog can reap the same health-boosting benefits.

Let's look at the 10 things you might not know about this often misunderstood herb and the research that shows its promise in helping dogs with a variety of common health issues ...

### **1. CBD Is Not Psychoactive**

CBD (cannabidiol) is a compound found in cannabis and hemp. THC (tetrahydrocannabinol) can also be found in cannabis. It's this compound that gives marijuana its psychoactive properties. Most CBD oils are just that ... the beneficial CBD without the THC. And they typically

come from hemp, not marijuana. In short, your dog won't get "high" from CBD oil ... he'll get the relaxation without the intoxication.

And speaking of relaxation ...

### **2. CBD Oil Reduces Anxiety**

Does your dog suffer from separation anxiety or noise phobias? CBD has been extensively studied for its effect on stress and anxiety. In humans, research shows it can:

- Reduce anxiety caused by public speaking
- Reduce anxiety in both healthy people and people with anxiety disorders
- Be effective for panic disorders and post-traumatic stress disorders

### **3. CBD Can Fight Cancer**

Research shows CBD oil and other substances in hemp and cannabis have an anti-tumor effect. It has even been shown to stop cancer cells from growing and increase tumor cell death.

- Helps the immune system's killer cells to cause cancer cell death
- Kills cancer cells by blocking their ability to produce energy
- Has anti-tumor properties that slow and inhibit glioma cell growth
- Can help increase the efficacy of conventional cancer treatment

### **4. CBD Can Treat Seizures & Epilepsy**

Estimates suggest that up to 5% of dogs suffer from seizures. Most dogs with seizures are given

drugs such as phenobarbital and potassium bromide. Sure, these drugs may help control the seizures. But they can be extremely harmful to your dog's liver and other organs. And the drugs don't work in all cases.

CBD has been shown to work well in drug-resistant epilepsy. In one study, 7 of 8 patients with drug-resistant epilepsy saw a definite improvement within 4 to 5 months.

In another study, 84% of children with drug-resistant epilepsy had a reduction in the frequency of seizures.

### **5. CBD Relieves Pain**

The cannabinoids in CBD have also been shown to work well for pain. So well, in fact, that scientists are considering it as a new class of drug for the treatment of chronic pain. Studies show CBD to be very effective for reducing:

- Pain (including neuropathy and nerve-related pain)
- The impact of inflammation on oxidative stress (which causes degeneration and premature aging)
- Inflammation in acute pancreatitis
- General inflammation
- Intestinal inflammation (associated with irritable bowel disease)

### **6. CBD Can Help With Inflammatory Bowel Disease**

Animal studies show that CBD can prevent colitis (IBD) and restore normal gut motility in inflammatory bowel disease.

(continued on pg 14)

# CBD Oil For Dogs: 10 Things You Didn't Know

(continued from pg 13)

CBD also has antibiotic properties, including Staphylococcus Aureus (MRSA).

## 7. CBD Reduces Chronic Inflammation & Autoimmune Disease

CBD has been shown to decrease the production and release of inflammatory cytokines. These can cause allergies, hypersensitivities and autoimmunity. It can also suppress something called Th17 dominance, a major cause of autoimmune diseases.

CBD also inhibits the production of inflammatory macrophages and decreases chronic inflammation.

CBD is also a powerful antioxidant research shows is more powerful than vitamins C and E.

## 8. CBD Can Protect The Nervous System & Help With Neurodegenerative Diseases

CBD shows a lot of promise for degenerative myelopathy and other spine and nerve issues. It's also been shown to help patients with Amyotrophic Lateral Sclerosis (ALS), Alzheimer's and Parkinson's disease. This is thanks to its ability to protect the brain cells from toxicity.

For senior dogs, CBD can protect the brain from cell death caused by free radicals and toxins.

## 9. CBD Increases Appetite & Helps With Nausea

If you have trouble getting your dog to eat, CBD may help. The National Cancer Institute reports that CBD increases appetite.

Studies show that CBD for dogs can help with vomiting and nausea, even when they're the result of toxins and drugs.

## 10. CBD Promotes Cardiovascular Health

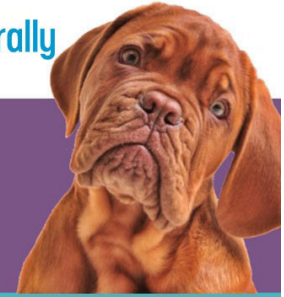
Just as veterinarian Dr Bassingthwaight discovered, CBD has been linked to heart health. Studies show it can:

- reduce the damage from damaged blood vessels and irregular heart rates
- protect blood vessels from damage and dilate the arteries
- reduce heart rate and blood pressure associated with stress and anxiety

**Bonus: CBD Oil For Dogs Is Legal & Safe**

(continued from pg 15)

dogs naturally



## TOP 10 REASONS TO GIVE YOUR DOG CBD OIL

### QUICK FACTS



CBD oil doesn't contain the psychoactive compound THC



CBD has been researched extensively and looks promising.

01

HELPS EPILEPSY AND SEIZURES

02

PREVENTS AND KILLS CANCER

03

REDUCES ANXIETY

04

RELIEVES PAIN

05

HELPS WITH BOWEL DISEASE

06

REDUCES INFLAMMATION

07

PROTECTS THE NERVOUS SYSTEM

08

INCREASES APPETITE

09

GOOD FOR THE HEART

10

IT'S SAFE AND EFFECTIVE

dogs naturally





## 10 THINGS YOU DIDN'T KNOW ABOUT CBD OIL AND YOUR DOG

DNM Cannabis

(continued from pg 14)

With so many studies showing the health benefits of CBD, the most encouraging result is that CBD appears to be safe, even when taken in high doses and over extended periods of time.

It can decrease the activity of liver enzymes used to metabolize many prescription drugs. So if your dog is on medication, you might want to check with your holistic vet before using CBD.

Most CBD oil for dogs and other pets comes from hemp oil, so it contains no or very small traces of THC. Because of this, hemp-based CBD products for

humans and animals are legal in all 50 states.

The bottom line is, CBD oil could be a healthy (or even life-saving) herb for your dog. More and more pet owners and holistic vets are drawn to its diverse health benefits. And they feel good knowing the side effects are mild and animals don't appear to build up a tolerance.

### Choosing A Good CBD Oil For Your Dog

Not all CBD oils are the same ... you'll want a high quality CBD oil that works, so here are a few things to look for:

- **Make sure the product is organic:** If it isn't organic, your CBD oil contains pesticides, fungicides or solvents.
  - **Don't cheap out:** The higher the quality and purity, the higher the cost. Don't price shop ... make sure your CBD oil is free of additives and has a good amount of CBD.
  - **Get the analysis:** Ask for a lab analysis of the amount of CBD in the product. Many CBD oils contain only small amounts of CBD. The manufacturer should provide a certificate of analysis. You'll also want to make sure there is little or no THC in the product.
  - **Buy CBD as a tincture:** You can buy CBD in treats but the best form is in a tincture. This way, you can adjust your dog's dose drop by drop to make sure he gets the most benefit.
- Start your dog off slowly but don't let the naysayers tell you CBD isn't a good option for your dog ... the research is continuing and the results are very promising

Here is a picture of a little one we adopted out last year about this time. Her PapHaven name was Jewel. She is almost blind and has some serious brain issues. It sounds like she is doing well in her new home and with the necessary medications to control seizures etc. She is under 5 lbs and is about 5 yrs old. Her mom says she has totally bonded with her but has temper tantrums if she doesn't get her way. They love her and are taking great care of her. \





# Help alleviate itchy skin

by Lorna Paxton Ladd –

<http://www.happytailspa-blog.com/2011/03/10/just-brushing-your-dog-can-help-alleviate-itchy-skin/>

Who knew that something so simple and basic as brushing your dog's coat could help to control and eliminate itchy and irritated skin. When his skin is itchy, inflammatory blood cells and chemical compounds such as histamine and prostaglandins accumulate in the affected area. These are all responsible for the reddening and inflammation that causes the itch.

## There are several reasons why brushing can ease that itch.

1. A regular brushing will remove any loose and dead hair from his coat. Not only that, but the action of the brush will remove dander from the surface of his skin, and evenly distribute skin oils through his coat. This can prevent the accumulation of oil and dead cells on your dog's skin which is the perfect breeding ground for bacteria and fungi. These secondary infections can be extremely itchy.
2. Brushing your dog's fur will stimulate his skin, and this will increase blood flow to that area. This results in the quicker removal of chemicals and toxins from the skin
3. If your dog has a long coat, knots and tangles can tug on his skin as he moves, and that is irritating to him. He'll scratch to try and break up the tangles. Use your brush to gently remove any knots, and he will feel much more comfortable, and won't feel the need to scratch as much.
4. Go over your dog from head to tail with a brush and comb on a weekly basis, and you can check his skin at the same time. Look for any sign of redness or irritation. If you do notice any problem areas, wash him in an oatmeal shampoo that has human grade colloidal oatmeal, which has been proven to relieve skin itching and inflammation. Or try a lavender shampoo which is also excellent for itchy skin (Make sure it's real lavender essential oil and not fragrance). If necessary, follow this with a quick spray of Itchin' for Relief directly onto the itchy spots, and its natural herbs and plant extracts will relieve the itch very quickly.



## Hints for Effective Brushing

Never brush your dog when his coat is wet. This can lead to hair breakage, and excessive pulling on his fur which hurts. Use a brush or comb to remove loose hair before you shampoo him, and then let him dry thoroughly before brushing him any more.

It's a good idea to keep a bottle of Dry Dog Instant Clean in your grooming kit with your brushes and combs. If your dog is a bit smelly, this can be sprayed on his dry coat and brushed through. It will clean his fur at the same time as the brushing action eases his itch. It also contains vitamins and herbal extracts which reduce itching, repel insects and add a lovely sheen to his coat.

Soothing your dog's itch can be challenging, but brushing his coat on a regular basis is the first step in making him comfortable. It's easy to do, it doesn't cost anything, and it creates a strong bond between you.



Established in 2003, PHR has placed many Papillons into their forever homes. Many have been owner surrenders, shelter surrender as well as stray rescues. Our members pride themselves in finding the best possible homes for our Papillons.

### **But it's impossible to do without foster homes!**

All of our rescued Paps go through a screening process, are altered, and fully vetted prior to placement. We are a national group of volunteers spanning the US who do this just because we love the breed and are trying to protect and preserve it! During their time with us in foster care, we work on crate training, socialization, basic obedience, and housetraining, so that the transition period is smoother once placed into their forever homes.

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**Local:** (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

**Email:** [jorolan2@yahoo.com](mailto:jorolan2@yahoo.com)

**Website:** [www.paphaven.org](http://www.paphaven.org)

“Dogs come into our lives to teach us about love ... they depart to teach us about loss. A new dog never replaces an old dog, it merely expands the heart. If you have loved many dogs, your heart is very big.” Erica Jong