



Photo by Mary Fournier

# The Way Home

An outreach e-communication from Papillon Haven Rescue

Issue #67

[www.paphaven.org](http://www.paphaven.org)

September 2011

## PHR's Annual Auction adds new ideas

PHR's Fall Auction will begin shortly! Paphaven's annual auction will commence on September 10 (midnight EDT) and end on September 24 (midnight EDT). Are you ready?

Do you have things you would like to donate to the auction – maybe some of those items from a recent birthday that you might be tempted to regift? Do you know of anyone who would be interested or willing to donate items for our auction? Do you sew, quilt, paint, draw, or do some type of needlework? Would you allow us to auction your services?

Send auction items to:

**Linda Ecklund**  
106 Holcomb St.  
Simsbury, CT 06070

QUESTIONS? Email  
[paphavenrescue@yahoo.com](mailto:paphavenrescue@yahoo.com)



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### Shop 'til you drop!

Thousands of dollars worth of items have been graciously donated to our cause. We hope it will all bring large donations to help care for our rescues.

- |                                   |                      |  |
|-----------------------------------|----------------------|--|
| Bath/Body Basket ( <i>human</i> ) | Italian Basket       | Picnic Basket  |
| Birthday Basket                   | Kids Activity Basket | Purse Basket   |
| Bling Basket                      | Kitchen Basket       | Seashore Basket  |
| Breakfast Basket                  | Lagniappe Basket     | SMALL Dog Basket from <i>PetFly.com</i> (including the carrier shown left) |
| Butterfly Basket                  | Las Vegas Basket     | Sport Basket   |
| Casual Tea Basket                 | Memphis Basket       | Tea Basket   |
| Cincinnati Basket                 | NorthWest Basket     |  |
| Doggie Basket                     | Pet Bath Basket      |  |
| Gardening Basket                  | Pet/Dog Basket       |  |

This year's event will feature many wonderful prizes and gifts, including a new section of gift baskets! The gift baskets will include:

**And much, MUCH MORE!!!**

### Bidding & notification

To bid, email to [paphavenrescue@yahoo.com](mailto:paphavenrescue@yahoo.com). Include the number of the item you want to bid on, the amount you wish to bid, and the way you wish your "name" to be listed on the auction site. We ask you to choose a "name" so we don't have 12 Lindas or 15 Bobs!

When the auction closes on Sept. 24, you will be notified via email (a few days after closing) of your prizes and their donation value. (Please give the committee a few days to finish up their

paperwork ... they will be sure to let you know about your winnings!)

You can make payments (*payable to PapHaven Rescue*) by check and mailed to:

**Jan Jorolan**  
PO Box 20306  
Hot Springs, AR 71903.

Watch for the email telling you that the auction is open, and tell all of your friends, family, and colleagues to "Shop 'til they drop!" We know the recession is hitting everyone... but our rescues are relying on us!

<http://papauction.info/>

### PHR Matching Challenge

We completed the Challenge at the end of July. Our total Challenge funds are \$4,860.25 (we got one late check of \$50 that I included). *We did good Team!*

I am also happy to let you know our anonymous donor did donate the **full amount** of \$5,500. HAPPY PAPPYS!!



## Make donations thru PayPal



[www.paypal.com/cgi-bin/webscr](http://www.paypal.com/cgi-bin/webscr)

Remember -  
all donations are  
tax-deductible!



## Have a new foster?

Order his/her  
goodies here!



## Visit the Mall!

[http://www.paphaven.info/shopping\\_mall.html](http://www.paphaven.info/shopping_mall.html)

Join us on

# facebook

Click here!

## Become a virtual foster!



Click here to see how you can make a  
difference in a rescued pap's life!

<http://www.paphaven.org/vfoster.shtml>

Save your UPCs/  
receipts from  
Natural Balance  
Dog Food!



Mail them to:

Stephanie Sherwin  
4 Woodsong, Roland AR 72135

YOU SEARCH OR SHOP... WE GIVE!

## GoodSearch & GoodShop

Raise money for your favorite charity just by searching  
the web and shopping online!

GoodSearch GoodShop Coupons

# PapHaven Classifieds

Help PapHaven Rescue  
every time you search the web!

It's that easy!

**Remember:** you must be logged  
in to iGive before you begin your search!

iSearchiGive™

## The Way Home

Issue 67 – September 2011

[www.paphaven.org](http://www.paphaven.org)

### Directors:

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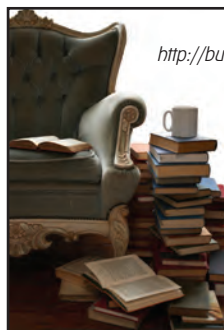
As of 8-31-11 (total): 955 rescues

For the Month of August: 28 rescued  
??? adopted out

*The Way Home* is a monthly e-publication for members/supporters of the Papillon Haven Rescue (PapHaven). Masthead photos taken by *AnimalPhotography.com*; used with permission.

### Newsletter deadline

Materials and color photos for the next issue must be submitted by the 15th of the month prior to publication. Send materials to [norajl169@yahoo.com](mailto:norajl169@yahoo.com).



<http://butterflyboulevard.pbwiki.com/>

## PHR Lending Library

## Contact PapHaven

## Subscribe to the E-news

## Introducing PapHaven Rescue – [www.paphaven.org](http://www.paphaven.org)

This group came about through the love of a small deaf puppy that required transport halfway across the country to her new home. It took the effort and dedication of people from Texas to Washington D.C. and on to Ohio. It took the cooperation of three other rescue groups. In the end, it took the hearts of every one. It is this good will and renewed faith in the goodness of people everywhere that led us in forming Papillon Haven Rescue (Pap Haven). We are a 501(c)3 non-profit organization, all volunteer National group specializing in Paps and Papillon mixes, their rescue, and rehabilitation.

Since then, PapHaven Rescue has grown dramatically and continues to grow and evolve to try to meet the changing needs of rescue and the on-going saga of Papillons in need... where ever they are.

We would like to invite you to join in our rescue efforts. With hands reaching out across the country, we can form a circle of love and caring that refuses to let even one Papillon in need fall through the cracks. We are not in competition with any other rescue groups. In fact, it is our goal to work hand in hand with every rescue group and shelter that will join us in this effort. We will not ask for perfect lineage, origins, or looks. We will coordinate with other groups for transporting each other's breed. We welcome volunteers, sponsors, interested folk, contributors, and especially kind words.

Our eNewsletter, *The Way Home*, will try to bring informative articles, feature stories, upcoming events, announcements, and urgent alerts about situations where the need for rescue is great.



# Who's who?

In a recent discussion with several of our members, we noted that while names of members are very familiar, we really know very little about each other. Not to say that we all need “intimate details” about each other’s lives, but even a general knowledge is sometimes scarce!



Jan with two of her best friends (not counting the phone - an ever-present fixture for her) Gabby (left) & Nina (right) at Mingle 2007.

## Who's next ...

Meet **Jan Jorolan** of Hot Springs AR ... she says “old but not necessarily wiser!” Here’s her story ...

Animals of all kinds have always been part of my life from as early as 6 years

old. The regular menagerie – ducks, cats, dogs, fish, mice, snakes, rabbits, and a quarter mare. Growing up in Arkansas was a nice place for my interest as most were readily available.

## Adult life

After high school, I moved away to go to college at Texas A & I (Arts & Industry), now a Texas A & M satellite in Kingsville Texas, to obtain a double major in Art & Biology. While attending Texas A&I, I met a dashing Marine Aviator and married. Both of my daughters were born while my husband was in the military; and we decided to look for opportunities to settle down in one place for them during early school grades. That opportunity came with TWA (TransWorld Airlines) as an airline pilot in Kansas City, MO. After 20 years of marriage, we parted ways, and I began my own serious career.



## Second career

Over the years, my career progressed from corporate real estate; banking; savings &



loan holding company; to a large law firm as lead complex litigation Legal Assistant. Then finally as Senior Services Officer with Citicorp Commercial Real Estate, in Dallas and Houston, TX.

During this time, I became a serious freelance wildlife and nature photographer. On one trip, as guest of the government of Turkey, I met my now husband, Al Jorolan (*shown lower left*), in Istanbul. Al was also a 2nd career photographer, having spent his first career with NASA in Florida as a managing engineer. Together and separately, we have traveled the world capturing images of the people, wildlife, and their worlds.

## The world of rescue

From time to time I have helped in rescue organizations, but in 1998 my sweet little Amber – a very small terrier mix – died. After much research, it seemed that a Papillon was a breed well-suited to our life style. Back then, Papillons were not easily found. But one turned up at a backyard breeder not far away. This became sweet, skinny, little Gabby, now 13 years old.

After living in big cities all my adult life, retirement brought us to Hot Springs, Arkansas, where we reside with our pack of “many,” on 40 acres of beautiful hardwood forest.

Now, as they say, the rest is history.

Shortly after 2000, I became involved with Papillon rescue, and am still a member of Papillon Club of America (PCA). In 2003, three of us who had become acquainted thru PCA started the Papillon Haven Rescue organization. I am the only original founder remaining.

PapHaven Rescue has rescued over 900 Papillons (and Pap mixes) during its short life, and we continue to rescue and re-home as many as our membership can handle.

In the 13 years since I first became familiar with the Papillon, the breed has undergone a huge change. From once being scarce in the US, they are now in surplus.

As always, Jan keeps PHR running smoothly from her little corner of Arkansas! You can contact her at [jorolan@catc.net](mailto:jorolan@catc.net).

## The end? Hopefully not ...

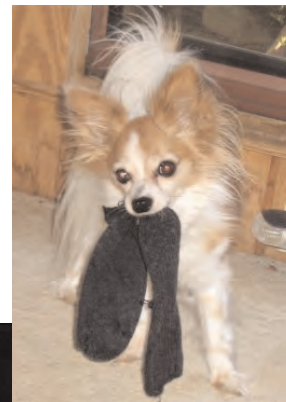
Did Jan skip anything?

We will re-publish Who’s Who articles of the “Powers that Be” over the next few months.

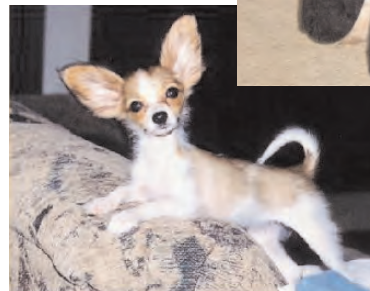
But then I will begin to “bug” other people to tell us about themselves!

Which of you will be the “next one under the microscope?” Please send me some details about yourself, your family, etc., so we can all get-to-know each other a little better.

## Until next month ...



Gabby above at age 11 and left as a puppy!



Daps, Pinot, & Potstickers:

## Hosting Yappie Hour

By Laurie L. Dove - <http://animal.discovery.com/petsource/small-dogs/dog-friendly-cocktail-parties.html>

If you enjoy cocktail parties and all they entail – appetizers, aperitifs, and lighthearted gab – just think what all that socialization could do for your true-blue canine. She must be ready for a little fun of her own – c'mon, just think of all the *blind-date-gone-bad* stories she's had to hear over the years. So if you'd take your sweetie to a dog park or outdoor café, why not bring her to a cocktail party?

An increasing number of swanky guest lists include a plus-one meant for a four-legged friend. From the annual White House Pet Correspondents' Benefit to neighborhood bashes, papillons, pugs, and other pets are making an entrance. In fact, doggie party dresses are so *en vogue* that they're setting seasonal trends, just like the human versions.

Hosting your own dog-friendly cocktail party will be fun, but this “yappie” hour still

requires plenty of preparation, starting with the guest list. You'd invite people from similar circles to a regular party, so extend the same courtesy when planning your canine soiree. Start with members of your local breed association, pet parents you've met at puppy obedience class, or foodies from your social circle who happen to be dog lovers.

The key is to encourage guests to bring only well-socialized dogs, regardless of breed. You may also want to place a few restrictions on your invite list based on space. If you're hosting a party in a small apartment, Great Danes aren't going to get past the doorman – that's a crowd best suited for a patio. If you do host your festivities outdoors, you can set up a dog agility course using cardboard boxes and hula hoops, with prizes for the winners.

As for the menu, signature canine cocktails of homemade chicken broth can be served in oversized plastic martini glasses (if you buy broth, avoid onion on the ingredient list). Custom-baked treats can be offered; doggie baking mixes and cake forms are available at specialty stores and online. Make-ahead freezer pops combining yogurt and pureed fruit can be served to both two- and four-legged guests. And with plenty of ready-to-wear pet fashions on the market, any theme from Mardi Gras to Fourth of July is sure to be a hit.

If you don't do some dog-proofing, however, it may all be for naught. How do you prevent your cocktail party from descending into canine chaos?

### Tips to dog-proof your cocktail party

When your cocktail party includes paps and their pals, you have to pay attention to the menu. Not only do your guests have admittedly indiscriminate tastes, but they're also likely to steal food from other attendees' plates. So be sure to dog-proof the menu by ensuring safe, tasty offerings for all.

Some popular party foods are downright dangerous for dogs, such as guacamole – large amounts of avocado can be toxic.

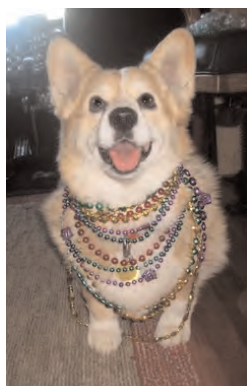
Onions and garlic, which flavor many appetizers, can destroy your pet's red blood cells and cause anemia. Grapes and raisins can cause kidney failure, dairy products are likely to create digestive upset, and desserts with macadamia nuts or chocolate could be fatal. Even one taste of alcohol – beer, liquor,



Bella Fournier is ready for the party!



Miss Breezey Fournier wants a costume fete ...  
“I'll be Dorothy (but no Toto)!”



Anniebelle Fournier says  
“Make mine Mardi Gras!!!”

or wine – can cause your dog digestive and respiratory distress.

Foods that can be enjoyed by both people and pups include fine cuts of fully cooked lean meats, slices of fresh fruit – apples, bananas, oranges, and watermelon without seeds – *al dente* plain white pasta or rice, and raw vegetables, including carrots, green beans, zucchini and cucumber. Water, of course, will be appreciated by all your guests – be sure to put down a few dishes for the dogs and refill them as necessary.

Prevent fights over food by encouraging guests to supervise their dog as they dine. Of course, nothing works better to eliminate food thievery than simply preventing access, so arrange high tables for pet parents to balance their cocktails and hors d'oeuvres. If your party is an indoor one for small dogs, schedule a group bathroom break every hour. If you hold your party outdoors, you won't have to worry about damage from accidents. Either way, you should still supply guests with small bags, scented if you like, to encourage clean up (and a dedicated trash bin in which to put the bags).

As with any party, it's a good idea to either plan ways to include additional guests – be they children or other small pets – or state clearly on the initial invitation that the guest list is closed to anyone other than dogs and their parents.

Hosting a pet-friendly cocktail party takes significant planning. The pay-off, though, is a big one. You'll never wonder how to break the ice; dogs are great conversation starters.



# Dictionary for Dogs

**BATH:** This is a process by which the humans drench the floor, walls, and themselves. You can help by shaking vigorously and frequently.

**BICYCLES:** Two-wheeled exercise machines, invented for dogs to control body fat. To get maximum aerobic benefit, you must hide behind a bush and dash out, bark loudly, and run alongside for a few yards; the person then swerves and falls into the bushes, and you prance away.

**BUMP:** The best way to get your human's attention when they are drinking a fresh cup of coffee or tea.

**DEAFNESS:** This is a malady which affects dogs when their person wants them in and they want to stay out. Symptoms include staring blankly at the person, then running in the opposite direction, or lying down.

**DOG BED:** any soft, clean surface, such as the white bedspread in the guest room or the newly-upholstered couch in the living room.

**DROOL:** Is what you do when your persons have food and you don't. To do this properly you must sit as close as you can and look sad and let the drool fall to the floor, or better yet, on their laps.

**GARBAGE CAN:** A container which your neighbors put out once a week to test your ingenuity. You must stand on your hind legs and try to push the lid off with your nose. If you do it right you are rewarded with margarine wrappers to shred, bones to consume, and moldy crusts of bread.

**GOOSE BUMP:** A maneuver to use as a last resort when *the Bump* doesn't get the attention you require... especially effective when combined with The Sniff. See below.

**LEAN:** Every good dogs's response to the command "Sit!"; especially if your person is dressed for an evening out. Incredibly effective before black-tie events.

**LEASH:** A strap which attaches to your collar, enabling you to lead your person where you want him/her to go.

**LOVE:** Is a feeling of intense affection, given freely and without restriction. The best way you can show your love is to wag your tail. If you're lucky, a human will love you in return.

**SMIFF:** A social custom to use when you greet other dogs. Place your nose as close as you can to the other dog's rear end and inhale deeply, repeat several times until your person makes you stop.

**SOFAS:** Are to dogs like napkins are to people. After eating it's polite to run up and down the front of the sofa and wipe your whiskers clean.

**THUNDER:** This is a signal that the world is coming to an end. Humans remain amazingly calm during thunderstorms, so it is necessary to warn them of the danger by trembling uncontrollably, panting, rolling your eyes wildly, and following at their heels.

**WASTEBASKET:** This is a dog-toy filled with paper, envelopes, and old candy wrapper. When you get bored, turn over the basket and strew the papers all over the house until your person comes home.

In the Bakery Window ...

## Breath-Freshening Parfait

by Rachael Ray - August 2011  
Every dog is different, so please check with your vet to see if this recipe is suitable for your pet.



1 Servings – Prep 10 min

### Ingredients

1 container (8 oz.) plain yogurt  
1/2 cup granola (without raisins)  
1/2 cup berries, such as raspberries and strawberries, coarsely chopped  
1 banana, peeled and sliced  
1/4 cup chopped fresh mint  
1 pinch cinnamon

### Directions:

Place half the yogurt in a dog food bowl and sprinkle half the granola on top. Top with half the berries, banana and mint. Repeat. Top with the cinnamon.

A fun party decoration - From *Woman's World* magazine, August 2011, pg. 44.

## Sweet Sippers

A fun way for your kids to help make your Yappy Hour or Dog Lovers' event a little more special.

### What you'll need:

Craft paper . . . assorted patterns or colors (you can get 3 or 4 out of an 8 1/2 x 11" sheet)	Sheets of clear plastic or vellum – 8 1/2 x 11" sheet
Drinking straws	Scissors

### Directions:

**First** – Fold the craft paper in half and align the pattern on the fold. Cut out shape; and cut slits as shown. Do the same with the plastic or vellum.

**Second** – Open the paper and plastic (or vellum) butterflies and reverse the folds at the top and bottom; creating a channel for the straw. place the two butterflies together and slip the straw thru the channel.

**TIP!** Your child can also make these to slip on a pen or pencil.



Be a "Well-Educated" Owner

## Doggie Hygiene

Washing your dog is important, but not as important as some people think. Healthy dogs actually don't need to be washed all that often, but humans prefer to bathe them so that they have a more pleasing smell and appearance. Doggie bath time is a good time to spend with the dog, however.

Although most of them don't like to be washed, they will appreciate the contact and attention that they receive from their owners during a bath. It is also a good time to perform some other necessary "dog maintenance" such as cleaning the ears, checking for ticks and fleas, trimming nails, and brushing the teeth. Since many dogs do not like to sit still for any of these activities, it can be a good idea to do them all at once.

### Brushing Dogs' Teeth

Brushing your dog's teeth is just good dental hygiene. Most vets recommend that it be done at least twice a week to ensure your dog maintains healthy teeth and gums. If you haven't been doing this (and, unfortunately, many people don't) it's never too late to start. The dog should have its own toothbrush and special toothpaste designed for dogs.

Make sure you brush the back teeth in small circles, the same way you would your own, and brush up and down the length of the "pointy" canine teeth. Dog toothpaste is made to have a pleasing taste (for the dog, don't try it yourself) and this should make the dog willing to let you perform this activity.

There are also "spray dental products" on the market that work remarkably well.

**Please note:** while your pap/pet may not be truly happy while you try to do this, it is REALLY in their best interests. PHR has recently had an intake of 4 pap and pap-mix dogs in Pennsylvania. While the local vet tried to give these dogs their dental (which were LONG overdue), two of the poor dogs' jaws broke due

to the severity of the gum/bone disease! Don't subject your pets to this pain and suffering!

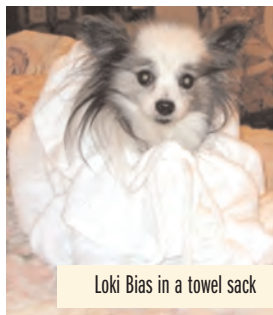
### Easing bath time fears

There is nothing your furry friend hates more than being bathed! To make this task easier for him and you, place a folded towel on the bottom of the sink or tub before plopping Fido inside. The textured cushioned towel will keep him from slipping on the cold wet surface, so he'll feel more comfortable during the bath. Plus, a nonskid surface will give water-averse pets something to dig their mail into (rather than you), releasing tension and stress.

### Checking for Ticks & Fleas

Ticks are nasty little arachnids (they're eight-legged creatures like spiders, and therefore are not insects) that will latch onto your dog's skin and make its blood their meal ticket. They are most common in wooded areas, but your dog should be checked for ticks regularly because they can carry a number of diseases. The best place to look for these bugs is under the collar or on the dog's underbelly, buried in the fur. If found, they can be removed with tweezers.

Fleas can be found in the same places, under the fur. The presence of fleas can be betrayed by the sight of their droppings on the dog's coat. They look like flecks of pepper. The fleas themselves look like bits of brown rice.



Loki Bias in a towel sack



own toothbrush and special toothpaste designed for dogs.

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of the "pointy" canine teeth. Dog toothpaste is made to have a pleasing taste (for the dog, don't try it yourself) and this should make the dog willing to let you perform this activity.

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They're about an eighth of an inch long. They can't simply be picked off of the dog like ticks can, but finding them will let you know its time to start the dog on a program to control and eliminate the insects.

### Best time to clip your Pap's nails

When your Pap's feet start clicking on your wood or tile floors, you know it's time for a paw-dicure! But his nails are so tough that you worry you'll slip and hurt him.

To make the task less stressful, wait until after a bath or swim to do it. Soaking in the water will naturally soften the nails so they're easier to cut. Don't forget to file them as well, so there are no sharp edges.

### Cleaning the Ears

Pet supply stores sell special solutions for cleansing a dog's ears. Dogs can easily get ear mites, small insects which live in the ears and feed off the waxy secretions there. Over time the bodies of these short-lived creatures build up and form a black, dirty substance.

Using a cotton swab dipped in a bit of this solution, gently clean the inner ear. It may be difficult to hold the dog still for this procedure, but it doesn't take long. And the result will be clean ears and the avoidance of potential infection and earaches in the dog.

While your dog may fuss, you can be sure there is no happier pet than a CLEAN pet! Cutter, the editor's pap, does a *Happy Dance* after his bath EVERY time!

## Recently read on Facebook ...

One recent morning, I discovered this posted as a friend's status line. I thought you'd appreciate the irony of this statement ...

*FREE TO A GOOD HOME... Six-year old child. Genuine reason, I just got a new puppy so no longer have the time for the child. Also worried the child may bite the puppy. Child currently kept in a crate. Needs home by tomorrow or it'll be put to sleep. Thanks.*

*YOU WOULDN'T DO THIS TO A CHILD SO, WHY DO YOU SEE IT AS ACCEPTABLE TO DO IT TO YOUR DOG? If you can't dedicate 10yrs+ to a dog, don't get one!! Copy and paste if you agree!*



ABOVE: Ryan Pirkey (grandson of Jackie Cantwell, Louisiana) and Troy. TOP LEFT: Candace & Ava Engel (daughter of Amy Engel, Indiana). BOTTOM LEFT: Noah Hubbard & Hondo (son of Angie Hubbard, Indiana).

P.S. - None of these kids are free to a good home! Just our models!



# Control Your Dogs Barking

by Christine Hibbard, CTC, CPDT-KA – <http://www.bluedogbakery.com/newsletters>

I'm a professional dog trainer so no one is a bigger fan of training your dog than I am. I think that training a dog is fun! What I've noticed though is that most owners who call us aren't interested in training their dogs to DO something. They want their dogs to STOP doing things. The reason we're focusing on how to stop unwanted behavior is because unwanted behavior lands dogs in shelters. Unwanted behavior is also when we're most likely to see ineffective, painful and inhumane methods used to turn off behavior.

It's important to realize that dogs bark for many different reasons. Some of the reasons dogs bark include separation distress, to gain attention, to gather information about their environment, or to make scary things, people, and other dogs go away. Before you select a method for controlling your dog's barking, it's important to know why they're barking. If you don't know why your dog is barking you can inadvertently make the behavior worse.

The type of barking that owners complain the most about to me is ALERT BARK-

ING. The dog is in the house and hears something and the barking begins. I've never met an owner that didn't want their dog to let them know when someone was approaching. What all owners want is to control this behavior. We want them to bark to alert us but then we want them to stop once we've acknowledged that they've done their job. While it may seem counter intuitive, I'm recommending that you thank your dog(s) for barking. In this method, you are NOT rewarding the dog(s) for barking. You are rewarding them for engaging in a different behavior (stop barking and come to me).

## When the dog(s) begin barking:

1. Say, "Thank you!"
2. The dog(s) should come to you for the treat (in the beginning of this training you may need to lure them towards you with kissy sounds, slapping your thighs, etc).
3. When they come to you, say "yes" and give them a treat.



You can strategically place small bowls throughout your home. Blue Dog Bakery treats come in all shapes and sizes and you can find them in all major grocery stores. Owners almost always ask me what to do if the dog starts scamming the rule structure by "fake" barking and

then running to you for a treat. Believe it or not, this is actually incredibly rare. I think the reason this doesn't happen very often is because there is an emotional basis to alert barking as opposed to just pure naughtiness. If your dog seems to be barking for attention because you've used "thank you" training, then it's time to take your attention away from your dog or use "timeouts." If you need help using timeouts, just let us know and we'll send you our two page handout on using timeouts effectively.

If your dog's barking has you at the end of your rope with frustration, try to remember that a part of barking behavior is genetic (the same as you are programmed to scream or laugh). The Belyaev fox study taught us that when we breed for tameness (or domestication), barking comes along for the ride.

Save yourself a few dollars ...

## Dealing with doggie anxiety

Before you run out and buy the latest \$40 or \$50 "invention" to help with pet anxiety, give this a try!

"Your usually playful and feisty pap is terrified of thunderstorms and loud noises (like fireworks on July 4th). He or she shakes, whimpers, and heads straight for the crate to wait it out."

Next time you notice the nervousness starting, like the beginning of a storm, or if your expecting loud noises (like a fireworks display), keep your pap calm by outfitting him or her with a tight-fitting child's onesie (be sure to make a slit in the material for the tail) or doggie t-shirt. Like swaddling a newborn, the consistent pressure of the snug tee has a calming effect on dogs. Your pap should be back to its old self in a few minutes.

5 healthy ways to indulge your dog's sweet tooth

## Sweet Treats for a Sweet Tooth

Since chocolate is bad for dogs, here are some suggested ways to indulge your dog's sweet tooth in a healthy manner

**1. Yogurt** – Add fresh yogurt to your dog's meal or make it a cool summer treat by following these directions: Cut eight thin slices from a banana and place one into each reservoir in an ice cube tray. Mix 1/4 cup yogurt with 1/4 cup water, and spoon over the banana slices. Freeze overnight and you've got a great sweet treat for your dog (*best if served outside or on tile floors!*). Yogurt is a great source of protein and calcium.

**2. Beets** – Add a small amount of grated raw beets to your dog's food. Beets are a good source of folate, manganese, and

potassium, and are rich in flavonoids. Just be careful – these brightly colored vegetables can be messy!

**3. Blueberries** – Perfect as a quick treat, these small berries are rich in antioxidants and Vitamin C.

**4. Dehydrated sweet potatoes** – Peel sweet potatoes and slice them thin, then dry them either in a food dehydrator or in your oven. Your dog will love this crunchy sweet treat and it's a great source of Vitamins A and C, manganese, and fibre.

**5. Watermelon** – A cool slice of juicy watermelon can be a nice treat for your dog. Watermelon is rich in Vitamin C and lycopene. *Delicious!!!*



# 10 Cities with Small Dog-Friendly Public Transportation

By Alison Kim Perry - <http://animal.discovery.com/petsource/small-dogs/10-small-dog-friendly-transportation-cities.html>

It's a no-brainer. Unless you've been living under a rock, everyone knows that there are substantial benefits to riding public transportation. Reducing the numbers of cars on the road is good for the environment and your wallet. Americans board some form of public transportation 35 million times each weekday according to the American Public Transportation Association.

So why shouldn't you and your small dog do all you can to help Mother Earth? Small dogs are allowed to ride on public transportation in cities all across the country. As long as you, the pet owner follow the rules established by each city or county, little dogs are welcome to come aboard.

Here we share 10 cities that allow you to carry your pooch along for the ride.

If your city isn't on this list, check with your local public transportation agency. We'd hate to have both you and Sammie get embarrassed publicly by the bus driver as you try to board.

## No Dogs Allowed

Not every city will allow you to bring your Dachshund onboard the bus or train, even if he is in a carrier. Some of the holdouts include: Chapel Hill, N.C., Jackson, Miss., and Birmingham, Ala. Also, *Amtrak* and *Greyhound* do not allow pets.

## 10: Dallas

In Dallas, they do everything big. Texas Toast. Football stadiums. And an even-larger-than life television series in the '80s named after the city. Little dogs have the OK to zip around town with their owners by riding the *Dallas Area Rapid Transport (DART)*, which provides bus and light rail service to 13 cities in the Dallas area. Dog and owner can ride together on either the DART Bus System, DART Rail system or the commuter train, the *Trinity Railway Express (TRE)*, as long as your mini-pooch remains in his pet carrier.

While in the big "D," you can take your Chihuahua to Fort Woof, which is the city of Fort Worth's first fenced off-leash dog park. Here the dogs are separated by weight, so there is a special area for the pups weighing less

than 40 pounds. No chance of your Chihuahua being accidentally trampled on by a Labrador retriever!

Every two years, there's an election for doggie mayor of Fort Woof during the weeks before their *Barktoberfest* event. Feel free to enter your pup, but make sure there's no funny stuff like hanging chads and counting pooches twice.

## 9: Washington, D.C.

You and your Border terrier can catch the patriotic spirit by riding around the nation's capital via the *Washington Metropolitan Area Transit Authority (Metro)*. Small dogs can ride the *Metrorail (subway)* and *Metrobus* with their owners as long as they remain locked in their pet carriers. Feel free to catch one of the 1,500 Metrobuses or any of the trains when you set out to do the tourist thing.

So you promised your baby you would take a trip to see "first dog" Bo at the White House? No sweat. Jump on the blue line and get off at the Farragut West Metro Station and look for Bo across the White House lawn. You can take the Friendship Heights Metro station on the red line to *Neiman-Marcus* for a \$250 crown pet canopy bed designed for dogs 25 pounds and under. Ah, what bliss.

Afterwards, you can stay at a swanky, pet-friendly hotel like The Mayflower Renaissance Washington on Connecticut Avenue, where for a \$100 nonrefundable fee, all well-mannered pets are welcome as long as they remain in their carrier in the hotel's common areas.

## 8. Orlando

*LYNX*, also known as the *Central Florida Regional Transportation Authority*, is the public transportation system for the 2,500-square-mile area covering the counties of Orange (Orlando), Osceola, and Seminole. You are welcome to bring your French bulldog on board one of 290 public buses that travel



Daphne & Vivian Kilbourn

65 routes as long as he/she stays in the carrier.

And if you are traveling to Orlando, what would a trip to the Sunshine State be without making a stop at Disney World? Your dog can ride the public buses, but Disney draws the line on pets in its theme parks.

Don't fret. Each of the four Disney parks – Universal Studios, Islands of Adventure and Sea World – have kennels where she can be left in good company while you walk around, ride and, of course, eat. You can even visit her throughout the day to show her the Minnie ears you bought just for her.

## 7: Honolulu

Fun and sun. Surf and turf. Tranquil waters. What small pooch – and his owner – wouldn't call living in or visiting paradise, well, paradise? The two of you can even travel Hawaii's state capital via public transportation on *The Bus*, which serves the city and county of Honolulu. Small dogs are allowed to ride on The Bus just as long as they are tucked in their carriers – which must stay on their owners' laps or under the seat – without inconveniencing the other passengers. However, be advised that a Honolulu city ordinance says that the pet's carrier or cage cannot be larger than 18 x 18 x 12 inches.

So where else can you take Lilly in the land of volcanoes? Why, one of the several dog-friendly beaches, of course. Hawaii is well-known for beautiful beaches with pristine

(continued on pg. 13)



sand and scenery. Take her to pet-friendly Lanikai or Kailua Beach, two of Hawaii's most stunning bodies of water, and show her what's really doggone magnificent. Your small dog will be welcome as long as she remains on her leash.

#### 6: Port Clinton, Ohio

We've mentioned buses and rail systems as forms of public transportation when we talked about the other cities. But sometimes the only way to get from Point A to Point B is via water.

On the north coast of Lake Erie you will find the quaint summer resort vacation town of Port Clinton, Ohio. Visitors to the town can walk on the sandy beaches of Port Clinton's coastline and then go to downtown Put-in-Bay, Ohio, a small 2-by-4-mile (3.2-by 6.4-kilometer) island filled with historic homes, restaurants and local pubs. But to get there, you have to take a ferry. *Jet Express* is one of two ferry companies that take passengers from Port Clinton to downtown Put-in-Bay on South Bass Island in Lake Erie, which has a town with a population of about 480 people.

Jet Express is happy to carry your beloved Papillion pup across the 12.5 miles of lake that the boats cover on the 20 minute ride between the two towns. He will be allowed to ride on this public, all-aluminum, ocean-approved catamaran ferry, but he must be on his leash or remain in his carrier. To protect everyone, they won't allow your dog to roam around on the boat. But he can still get a peek of the great view by being right by your side.

#### 5: Boston

*The Massachusetts Bay Transportation Authority*, the public transportation system in Beantown, allows small dogs to ride on the *T-Subway System* during off-peak hours. However, "dogs must be properly leashed and are not allowed to annoy riders or take up a seat," according to the agency's Web site. During rush hour, small dogs must be carried in lap-sized containers and stay away from exits. Small pets are also allowed on the *T-Bus System* and the *T-Commuter Rail System*. They are even allowed on the Inner Harbor Ferry and the Commuter Boats, but again, they must remain in their small carrier and cannot take a separate seat.

Visiting Boston's rich history is something your shih tzu can enjoy with you. He

can visit the *John F. Kennedy National Historic Site* as long as he's on his leash. However, he cannot go into the former president's birth house; there's a place in the backyard for friendly dogs to hang out while you tour it. Afterwards, you can satisfy your hunger by eating at dog-friendly places like the *Salty Dog Seafood Grille & Bar*, where dogs can sit outside on the patio when it's open and space is available.

#### 4: San Francisco

Known for more than *Rice-A-Roni*, San Francisco is a town of great culture. *The San Francisco Municipal Railway (Muni)* is one of the country's oldest public transit agencies and carries more than 200 million passengers every year, according to the railway's Web site. The public transportation system includes bio-diesel buses, modern light rail vehicles, electric trolley coaches and, of course, the world-famous cable cars.

Fluffy is free to ride any of these modes of transportation as long as he stays in his carrier and travels during limited hours only. He cannot ride public transportation weekdays between the hours of 5 and 9 a.m. and 3 and 7 p.m. (only service animals can ride during these hours). Also, the Muni system requires that a fare equal to the owner's be paid for non-service animals. No free rides here.

If the timing is right, your little doggie can accompany you over to one of San Fran's outdoor festivals like the annual *Castro Street Fair*, a community street celebration, as long as you keep him on his leash.

#### 3: New York

So you and your pooch want to get around in the city that never sleeps. You know if you and your Maltese try to hail a taxi, they may blow right past you after seeing your baby. No worries. There is a way you can get around the Big Apple with your toy dog.

The *MTA New York City Transit* is the largest public transportation agency in North America and one of the largest agencies in the world, according to their Web site. Ridership is about 1.6 billion annually. Your little one can ride on the *Long Island Railroad* and *New York City Transit* buses and subways as long as she stays with you and in her carrier.

The famous subway system isn't the only well-known landmark that allows small dogs. The mother of all parks – Central Park – is

the ideal place for dogs and dog lovers everywhere. There aren't any enclosed dog runs in Central Park, but there are 23 dog-friendly areas. She can enjoy all of the 843 acres that the famous park has to offer. In fact, if you take here there before 9 a.m. or after 9 p.m., she doesn't have to be confined to her leash.

#### 2: Atlanta

Many people – and their pets – take public transportation in Atlanta just to avoid sitting in the city's notorious traffic jams. Just like many of the other cities mentioned, small dogs are allowed on the *MARTA (the Metropolitan Atlanta Rapid Transit Authority)*, Atlanta's citywide rail and bus system, as long as they fit in a carrier small enough to fit on your lap.

Dog-friendly places don't end with MARTA. Even airports have gotten in on the action. While waiting for your flight to Grandma's at the *Hartsfield-Jackson Atlanta International Airport*, you will be able to take Bruno to the airport's off-leash dog park. This 1,000 square-foot (93 square-meter) fenced-in dog park is found in the Ground Transportation area of Terminal South. There are benches, grass, rocks, flowers, and even original artwork. A cozy ambience for your little furry friend while you both wait to fly.

#### 1: Charleston, S.C.

Southern charm reigns supreme in this quaint little city. Forget the bustling subways and bus systems you think about when you hear the words "public transportation."

You and Papoose, your Lhasa Apso, can take a ride on a horse and buggy with the *Charleston Carriage Ride & Sightseeing Tour*. The tours welcome small dogs as long as they don't disturb the other passengers and are well-behaved. That won't be a problem for Papoose because he will be on his best behavior, right?

This tour will take you and your furry friend through Charleston's historic neighborhoods, where you can hear all about this timeless city. If your pet likes the carriage ride, y'all don't have to stop there. Next, take a trip on the *Carriage Ghost Tour of Charleston*, where man and beast can ride and learn about Charleston's haunted pathways.

## Paps of the Month –

**Howdy!!** My name is **Potter** and my brother Wesley and I could be twins (both 6 yrs, 7 mths. old)!! I am smaller than he is – about 17 lbs – but we do look similar. Even though I am “middle aged,” I act like a puppy. I have more red spots than my brother Wesley and I am a little more fit than he is (but don’t tell him that, he’s sensitive). I enjoy spending time with my brother because he cleans my ears, but I really enjoy spending time with my foster momma. I’m warming up to my foster daddy because he really likes to play fetch with me and I can run really fast!! My foster mommy said she was impressed with me because I sit when she tells me to, I know I have to potty outside, and I know when she says “box” that means it’s time for beddies. Sometimes I get to take a nap in my foster mommy’s bed. Wesley and I like to make sure she can’t get out of the bed in an easy fashion. We make sure she’s tucked in nice and tight!! I’m a little bossy



Wesley

with my big foster sister, Sunny, but she tolerates me. My little foster sister, CC, is even more bossy than me and she really puts me in my place. I don’t get too mad when she takes my pizzle stick when I’m not looking; I’m ok with sharing. I don’t remember a time I was away from my brother Wesley. He’s always had my back!! I was a little nervous when I first met my foster mommy but once she said we were just a few minutes from home I started cheering and jumping, I was so excited!! I like having a person to snuggle up to! If my foster mommy doesn’t want me to stick my head in the refrigerator then she shouldn’t put the hotdogs on the bottom shelf!! Check out my video at [http://www.youtube.com/watch?v=vn7vbXsE9Lw&feature=player\\_embedded](http://www.youtube.com/watch?v=vn7vbXsE9Lw&feature=player_embedded)

**Hey y’all!!** My name is **Wesley** and my brother Potter thinks we could be twins!! I am larger than he is, a mighty 20 pounds. Although I am a “mature” gentleman, I still can run around like a young dog sometimes. I am mostly white with a reddish-black spot at the base of my tail. I also have a very sophisticated floppy ear that makes me look like Humphrey Bogart!! I like to keep an eye on my brother because he is very special to me. I



Wesley

can’t remember a time we were apart. I like to clean his ears and eyes so he looks presentable and he does the same for me. We share everything!! I really like both my foster parents. I climb all over my foster daddy. He pets me and it’s very relaxing. My foster mom said she was impressed with me because I sit when she tells me to, I know I have to potty outside, and I know when she says “box” that means it’s time for beddies. I don’t know what she’s impressed about, I’m pretty smart! What can I say? I get along really well with my foster sisters, but that little one is so bossy!! I’m not as jumpy as my brother Potter (that guy is like a Mexican Jumping bean) but I like to get excited about things like “going for a walk” and “going outside” and “getting in the car.” It’s all in a days work for me.

My foster momma made a video; catch it at [http://www.youtube.com/watch?v=ogxdMXnW2uk&feature=player\\_embedded](http://www.youtube.com/watch?v=ogxdMXnW2uk&feature=player_embedded)

Book review ...

## “We’re ALL Ears”

**Leashes & Lovers:** What Your Dog Can Teach You About Love, Life, & Happiness by Sheryl Matthys

Hear from dog lovers like Cesar Millan, Howard Stern, and Rachael Ray. Unleash the Secrets to a Better Life... with the help of your dog! Looking for WHAT can turn your life around and lead you to Love, Life, and Happiness? Well, in *Leashes & Lovers*, the secrets are revealed of how your DOG holds the key to your life’s happiness! You’ll discover what your dog can teach you to attract the life you want, and improve your relationships whether with a special someone, a spouse, or your friends and family. Sheryl Matthys, *The Dog Expert*® provides tips, advice, and stories and interviews with dozens of dog lovers like YOU as well as from celebs like the *Dog*

*Whisperer* Cesar Millan, *Law & Order* star Richard Belzer, tennis star Monica Seles, actress Crystal Hunt, author Lee Harrington, author Dr. Stephen Ilardi, author Dr. Steven Parks, author Lauren Slater, author Sharon Sakson, *Law & Order: Special Victims Unit* star Diane Neal, *Access Hollywood’s* Maria Menounos, *Academy Award Winner* Marcia Gay Harden, *Shock Jock* Howard Stern, TV host Rachel Ray, and more! Author Matthys reveals how your four-legged friend can lead



you to better relationships with the humans in your life. In this book, you’ll discover how to:

- Launch a new relationship
- Strengthen relationships with a lover, friends, and family
- Create deeper and more real relationships like you’ve never experienced
- Explore what’s missing from your life and how to make it whole
- Make the best of a break-up and decide who gets the dog
- Handle your emotions when others just aren’t into your dog.

Sheryl Matthys is The Dog Expert® and founder of LeashesandLovers®, an online community of dog lovers as well as a certified dog trainer with degrees in psychology and communications.



## That's why I'm here –



Ok, so I woke up Saturday expecting to work another long shift. We are inventorying our store for the first time ever and it is VERY time consuming.

### I quickly found something better to do.

I finagled, cajoled, and got people going and next thing you know, I am out early!

And headed from Syracuse NY to New Bedford Mass, (6 hrs) the closest cheapest hotel room I could find, near Centerville Mass. (another hour away) where Charlie/Bandit is being held hostage. We are breaking him out!

Right here and now I tell ya we ladies at Paphaven have the most wonderful husbands, but mine takes the award! He drove the whole way down and back, as I don't drive, without a peep or fuss or food! He knew it was going to cost a bit, along with time. . . but knew this was just working perfectly to move 3 dogs in one go! I also want to thank Davin for watching our pooches last minute. You are a doll!

We got in, checked in, no wifi like they promised, so no way to find a local restaurant. They also didn't speak very good English so off we go on our own. Turns out the only places open after 9pm on a Saturday in New Bedford are a strip club, an alternative lifestyles bar, a Yacht Club that only serves wicked expensive appetizers, and nothing. So back to the hotel. I have crackers and we will eat those, which were also our lunch.

Instead we found a cool diner. Yeah!!!! Diner fare, locals, and a super waitress makes us feel happier, especially when they went on about us being so cool to come all that way for one pooch. (Little did they know what we had in store)

To the shelter next day. Opens at noon, so we will have an early lunch (no seafood place open before Noon!!!!) But we found a small one

and finally had some seafood in Mass!) and at least dip feet in the ocean! Nope. . . \$20 minimum to park car and no other public beaches. So instead we went to Kennedy Memorial at Hyannis and snuck down to ocean the back way, (the volunteer working said it was ok). Feet in ocean quick and off to get Charlie/Bandit.

Right here let me insert that I have been to a lot of shelters, and this one is AMAZING! They were clean, neat, organized, and no shelter smell, if you know what I mean. And not because they weren't busy; they were packed with all sorts of creatures. We were in and out in minutes. As soon as Bandit (his real name) saw my husband John he flipped. They are now best friends and there is no way he is going on anywhere's else. (Remember my husband collects military rifles, in working order, so don't even try it.)

He is a handsome fella, 12 yrs old, left there by his family as they both lost their jobs and are living in motel room with their 2 kids. Heartbreaking, and we here at Paphaven hear it all the time these days.

He had been adopted out, but after 2.5 weeks the family brought him back. Evidently he was a naughty boy when left alone for 9-10 hours and would pee in the house! (Why do they even want a dog? Buy them one of those electronic gizmos.)

### So off we go!

Next stop Rensselaer, NY to get Kama, also an owner surrender. Her owner is no longer able to take care of herself, much less a dog. So the daughter took her away, and then was busted for having her in her apartment. So a friend took her in and now she is with Paphaven. Thanks to Anita Cornell's Mom, who last minute offered to foster her. Kama is a little doll, a little overweight (and so is Bandit, by the way). But she's a sweetheart. Supposedly a non stop barker and not housebroken. I heard one bark out of her the whole way back, and that was when Bandit met. . .

Wink. . . in Schenectady. Another shelter rescue. Though in this case a family rescued him, knowing they could not keep him but also that it is a kill shelter, and could not leave him there. They vetted, started training and fell in love, which is easy with him. They have 2 dogs, a cat or 2, and a couple kids. Dad said NO. They have had him since March and it

was REALLY like taking a family member when we left with him. The girls had each written a letter explaining what he likes and doesn't like. And then written an I miss you card for him to remember them by. (I am tearing up even now). He, too, is a delight and treasure, barked a little when meeting Bandit, which prompted ONE bark out of Kama, who was in her crate in car. Anita is fostering Wink, and she says he is doing splendidly, getting along with her pap and having a riot playing. I hope she posts some pictures, but it will be hard. He doesn't like to sit still; is a wiggler, from nose to tail.

### So with a FULL car back we came.

Anita had driven from Rochester after a long shift of work, and we met at thruway stop. She took Kama to her Mom's and then home to her place.

I could never have done it, without her, all the homes and shelters that helped coordinate it and of course Jan, who got the last minute call from Anita about her Mom fostering for us.

Luckily she had fostered for other groups.

Whew ... what a whirlwind trip! But well worth knowing that 3 more paps are safe.

Love, *Leslie B*



## Pawfriendly Landscapes

Reprinted with permission from PawFriendly Landscaping - <http://www.facebook.com/#!/pages/Pawfriendly-Landscapes/223141086885>



Plants and trees that provide color in the month of August include Butterfly Bush, Grape Myrtles, Pee Gee Hydrangeas (*shown above*), and Viburnums. Best of all, they're all pawfriendly!

Have fun and get dirty!!!

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Speak to a pet-friendly travel expert at 877-411-FIDO

All PHR Members & Friends Welcome.

One more month to go!!!!

Sept. 29 – Oct. 2, 2011


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To reserve: Lakeside Resort, Branson MO – [lakesideresort.net](http://lakesideresort.net)

More details: [liddy-anneverett@earthlink.net](mailto:liddy-anneverett@earthlink.net)



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