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NEWSLETTER SUBSCRIPTION

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THE WAY HOME

An outreach e-communication from Papillon Haven Rescue

5726 Sagebrush Trail • Arlington TX 76017 • www.paphaven.org • Issue 32 – January 2009

WESTMINSTER GAME BEGINS JAN. 18

HOW IT WORKS

Instead a boring raffle number, you receive a group of dog breeds. If one of the breeds you hold wins a Group One you will be entered into a drawing to receive a Group level prize. If your breed takes Best in Show (BIS) you will be entered into a drawing with the other Best in Show winners for the Grand Prize. The number of players holding Group and BIS winners depends on the number of entries we sell.

The show will be telecast live on Feb. 9 & 10, from 8 to 11 p.m. on your local USA Network station. As you watch the show check your breeds and see if you may be one of the winners! This game is great as it gives us an inspiration to learn about and cheer for different breeds. The great thing about Westminster is that it can be very unpredictable which adds to the excitement.

OK... READY TO PLAY? Here is what to do:

Each Group of 5 breeds is randomly grouped by computer and assigned in the order that entries are received to be absolutely impartial. No you cannot choose your own grouping of breeds.

Each group of 5 breeds are \$10, 10 breeds are \$20, or 15 breeds for \$25.



THE 133RD WESTMINSTER KENNEL CLUB DOG SHOW

Please email westminstergames@yahoo.com with your donation amount – then make your payment thru PayPal (on the PHR homepage – look for the button that says “make a donation”). Jan will mail you a confirmation along with the breeds you are assigned.

Then just watch the Show!!!! If you are a lucky winner the postage is also included!

Your donations are what makes it possible for us to help Papillons in need find their own Forever Home!

****Please note!!!!!!**** This Fundraiser is open to persons in the continental US only. A purchase of one or more blocks is considered a commitment to donate that amount. This Fundraiser begins at 8 a.m. Jan. 18, 2009 and closes at the start of the WKC Dog Show (8 p.m. EST).

Click on http://www.paphavenaid.com/Westminster09_Index.html view all the terrific prizes that have been donated.

PAP-OF-THE-MONTH: SCARLET & TERRY



Scarlet is a 8.5 lb. spayed girl who is 3 yrs. old. She is shy – startles easily – but is really starting to come out of her shell more everyday.

She has beautiful brown eyes which seems to say “I love you but need time to trust,” as trust come hard to mill dogs. She now plays fetch and keep away with the other dogs. She gets so excited to go outside to play, and for treats. She likes to be in the room with you but is still timid to be held or picked up. She has been doing well in her crate, and with house training. She is a smart little girl! She prefers women over men, and would love to have doggie playmates

to help her learn what a wonderful life is really all about. She likes other dogs and gets along very well.

Terry (age 7) is a little guy full of life and fun. Weighing in at 14 lbs. and about 12 inches tall, he is one happy fellow, who loves to go for walks and has energy to spare. He loves to meet and greet people and other dogs. His best friends are his 6 lb foster brother and his neighbor, a 60 lb Basset who he has many conversations with and never tires of chatting it up! Give him a toy and he will play, play, play. He just loves toys and is always up for a game.



BE A WELL-EDUCATED OWNER

CANINE PERIODONTAL DISEASE & DENTAL HOME CARE

“perio” means around, “dental” means tooth – “Periodontal disease is disease around the outside of the tooth”

THE TOOTH, THE WHOLE TOOTH, AND NOTHING BUT THE TOOTH ...

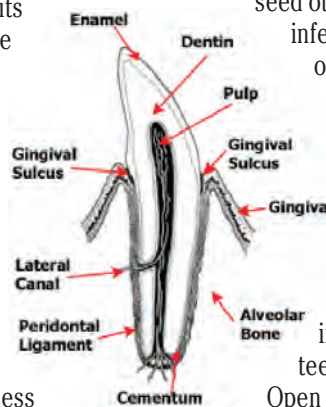
In this picture (*right*) we see the crown of the tooth (the part we see when looking in the mouth), the root of the tooth (the part we do not see), and the attachment of the tooth to the bone. The tooth sits in a “soc-cket” and is held there by periodontal ligaments. The tooth receives nutrients from blood vessels inside the pulp chamber of the tooth. Periodontal disease takes place inside the socket in which the tooth is seated.

Out of all the members of one’s family, the chances are it will not be difficult to guess who has the worst dental hygiene: your pets. They do not brush their teeth, nor do they floss, and this goes on for years. If you are ever curious as to what happens if teeth go for years without brushing (or you want to show your children what will become of their teeth should they fail to brush regularly), you have only to look at your pet’s teeth and smell your pet’s breath.

A full 85 percent of pets have periodontal disease by age 3 years.

This should not be surprising since there is very little difference physically between the dog or cat’s tooth and the human tooth. We all have a set of baby teeth that come in and fall out to make way for adult teeth. We all have nerves and blood vessels in our teeth surrounded by dentin surrounded in turn by a very hard coat of enamel. The **enamel** is bathed in saliva and quickly is covered by **plaque** (bacteria mixed with saliva). If we do not regularly disinfect our mouths and brush away the plaque, the plaque will mineralize into **tartar** (also called “calculus” – gritty material which the dental hygienist scrapes away). Tartar, being solid and gritty, blocks oxygen from bathing the outer tooth and thus

changes the nature of the bacteria that can live around the tooth. The **bacteria** that can withstand the oxygen-poor environment (“anaerobic” bacteria) are more harmful to the bone and tissues of the gum. The **peri-odontal ligament** becomes damaged, the bone around the tooth is literally eaten away, and the gums become sensitive. Eventually the tooth is lost and, if the bone damage is severe enough, the jaw can actually break. Worse still, the bacteria of the mouth can seed other areas in the body leading to infection in the heart, liver, kidney or virtually anywhere the blood-stream carries them.



Gingivitis is reversible. Bone loss, once it starts, is not reversible.

It is a good idea to become comfortable opening your pet’s mouth and looking inside. Lift the lip and look at the teeth, especially the back teeth.

Open the mouth and look at the inside of the teeth and at the tongue. If you have pets of different ages, compare what you see inside.

Look in your pet’s mouth and identify the line of gingival attachment; approximately 70 percent of the tooth should be under the gum line.

PROFESSIONAL CLEANING

It should not be surprising that dental health requires period professional cleaning regardless of whether the mouth in question belongs to a person, a dog, a cat, a horse, or some other animal. Home care of the tooth is never perfect and periodically tartar must be properly removed and the tooth surface properly polished and disinfected. The professional cleaning performed at the veterinarian’s office is similar to what a person receives at their dentist’s office:

- Gross tartar is removed with special instruments.
- More delicate tartar deposits are removed from the gum line with other special instruments.
- Periodontal sockets are probed and measured to assess periodontal disease.

- The roots are “planed,” (meaning tartar is scraped from below the gum line) until the roots are smooth again.
- The enamel is polished to remove any unevenness left by tartar removal.
- The mouth is disinfected and possibly treated with a fluoride sealer or plaque repellent.
- Professional notes are taken on a special dental chart, noting abnormalities on each of the dog’s 42 teeth.

It is important to note that “non-anesthetic” teeth cleaning is not comparable to the above service. It is not possible to perform the “six step” cleaning in a pet without general anesthesia. Cosmetic cleanings do not address periodontal disease where it occurs: under the gum line.

HOME CARE PRODUCTS

Toothpaste & brush – Just as with your own teeth, nothing beats brushing. The fibers of the toothbrush are able to reach between teeth and under gums to pick out tiny deposits of food. A toothbrush acts as a tiny scrub brush for the closest possible cleaning.

Notice the shape of the canine and feline brushes and how they conform to a pet’s mouth. You can use a human toothbrush but you will probably find it difficult to manipulate in the pet’s mouth. Never use a human toothpaste for a pet as these contain sudsing agents (people like to see foam when they brush their teeth) which are not meant to be swallowed in quantity. Animal toothpastes are expected to be swallowed, and come in special flavors (chicken, seafood, and malt) in addition to the more human-appreciated mint. Finger brushes are available and are smaller for puppies.

Studies have shown that brushing three times a week was adequate to maintain healthy teeth and gums but daily brushing was needed to control existing gingivitis.

(continued on p. 3.)

PLEASE FEEL FREE
TO CROSS-POST
AND SHARE THIS
NEWSLETTER!

DO'S AND DON'TS OF BRUSHING YOUR DOG'S TEETH

- **Don't** use a human toothpaste on your pet.
- **Don't** perform dental home care during the first week after a full hospital dentistry as your pet's gums may be tender.
- **Don't** consider dental home care as an alternative to full dental cleaning if your pet has more advanced dental disease.
- **Don't** attempt to clean the inner surface of your pet's teeth. Natural saliva cleans this surface on its own.
- **Do** use a toothbrush without any paste at first so that your pet may get used to the object in the mouth before having to contend with flavor.
- **Do** try to perform dental home care at least once daily.

DENTAL WIPES, RINSES, & PADS

Some animals, especially those with tender gums, will not tolerate brushing but are more amenable to disinfecting wipes or pads. These products will wipe off plaque deposits from the surface of the tooth and, though they lack the ability to pick food particles out of the gum socket, they are probably the next best thing to brushing and, like brushing, these products are best used daily.

OraVet – For more information visit: <http://www.oravet.us.merial.com/>

This product addresses the convenience factor of pet dental care. Doing anything in a pet's mouth daily year after year is a difficult habit for most people to establish. We have enough trouble taking care of our own teeth. Oravet is a wax-like substance applied once a week to the outer surface of the teeth with a swab (though it can be used even daily for pets with particularly bad gingivitis). Oravet prevents plaque from attaching to the tooth and provides a helpful mode of dental care on an easy to follow schedule.

Dental treats – For many people, doing anything inside their pet's mouth on a regular basis is simply never going to happen. Fortunately, all is not lost: chewing on a proper dental chew can reduce plaque by up to 69 percent. This may not be as good as brushing but it certainly beats doing nothing. There are many products available for both dogs and cats. How often does the pet need to chew? One study using the Pedigree Dentabone showed excellent results but dogs were provided with a chew bone six days a week. Many dogs are not as interested in chewing.

Not all chews are alike. Chewing provides abrasion against the tooth removing plaque and tartar. Some chews and biscuits include the ingredient: Hexametaphosphate which prevents the mineralization of plaque into tartar. (In one study, two such biscuits daily removed 46 percent of tartar in time.)

Greenies – This particularly popular chew treat has generated some recent controversy and deserves some special mention. The greenie is a green chew treat for dogs, found effective in removing plaque and is generally found highly palatable to dogs. Original greenies were made with wheat gluten which dissolved slowly in the stomach. Some pets swallowed large chunks of greenie, the greenie failed to dissolve in the stomach and intestinal obstruction resulted. There were actually some deaths reported. Since then, the greenie has been reformulated using soy instead of wheat. The new greenie is actually flexible and its manufacturer feels past problems have been resolved. The new formulation came out mid-2006 and is available in both canine and feline treats. Both are approved by the Veterinary Oral Health Council, a group which awards its seal of approval to treats and diets showing scientific evidence of plaque and tartar retardation. For a list of products currently approved visit: http://www.vohc.org/accepted_products.htm

Dental diets – There is a common misconception that simply feeding a kibbled diet will protect the teeth from dental disease. Consider what it would be like to attempt to replace brushing your own teeth with eating crunchy foods and it is easily see how ineffective this method would be. When it comes to pet foods, much of the kibble is swallowed whole and not chewed at all.

Clearly, there must be more to a dental diet than simple kibbling and in fact there is. Dental diets on the market today use several techniques to help reduce plaque. The first is that the kibbles are very large which means the pet must chew them before swallowing them. These diets are high in fiber which means the kibbles do not shatter when chewed but instead the tooth sinks into the kibble allowing plaque to be essentially scrubbed away. The large kibbles may pose an acceptance problem for the pet leading the owner to use them as treats or mixed with other kibbles. The smaller the percentage of the diet these kibbles represent, the less benefit will be reaped. It is important to realize that these diets are helpful only in clean-

ing molars and premolars (i.e. the chewing teeth) and do not help the fangs or incisors.

Porphyromonas (Periodontal) Vaccine/periodontal vaccine

This vaccine represents the newest tool in the prevention of periodontal disease. It was released by Pfizer in early 2007 for use in dogs only, after nearly half a million test doses administered and studied. The targets here are the anaerobic bacteria responsible for bone destruction in advanced periodontal disease. There are hundreds of bacteria involved in periodontal disease but three species in particular are present in 3/4 of cases: *Porphyromonas salivosa*, *Porphyromonas denticanis*, and *Porphyromonas gulae*. These are bone-eating anaerobic bacteria and vaccine against them helps to reduce bone loss in more severe cases of periodontal disease. The vaccine is NOT a replacement for other modes of home care and certainly does not prevent periodontal disease. It is given as an introductory series of two vaccines 3 weeks apart and annually thereafter. Ideally it is given when the mouth is healthy (i.e. a few weeks after cleaning or in younger patients). At this time it is not considered a "core" vaccine by the American Animal Hospital Assn. which means it is not felt to be a basic need for every dog, though many veterinary dentists dispute this and we may see in time that it becomes part of every dog's basic immunization protocol. At the time of this writing, the duration of immunity from vaccination with this product has not been determined.

WHAT WORKS BEST FOR YOUR PAPILLON ... OR MINE?

As we all know, there are dozens of products on the market to help with canine dental issues. But the BIGGEST part of this discussion is "*what works best with your dog?*" I know some dogs think it's a great game to play with a toothbrush. My dogs, on the other hand, would rather chew off my hand than let me near them with a toothbrush! For me to look at their teeth is practically a fight! So for us, we use Suzie's Tartar Control – <http://suziestartarliquid.com/> – and it works wonders! A little bit in their daily fresh water and *VIOLA* ... teeth stay clean & bright! "*That "fresh from the dentist" clean!*"

Other members use *Leba II*; some use enzymatic toothpaste; still others use the old-fashioned toothbrush and chicken-flavored toothpaste! **Use what works best for your dog to get the maximum results!**

RACHAEL RAY'S PENNY CUPCAKES

INGREDIENTS

2 very ripe bananas, mashed
1 carrot, grated, plus more for garnish
6 ounces softened cream cheese
2 teaspoons ground cinnamon
4 cups whole wheat flour
1 teaspoon ground allspice
1 teaspoon ground ginger
1 teaspoon baking powder
1 large egg
1/4 cup honey

Serves 4

together the carrot, honey, mashed bananas, and egg; stir in 3 cups water.

2 In another large bowl, stir together flour, cinnamon, allspice, ginger, and baking powder; fold into carrot mixture.



3 Fill muffin cup about three quarters full. Bake until firm and dry, about 45 minutes. Let cool, then top each cupcake with more grated carrot and smear with cream cheese.

1 Preheat the oven to 350°. Grease two 12-cup muffin pans. In a large bowl, mix

PLEASE FEEL FREE
TO CROSS-POST AND
SHARE THIS NEWSLETTER!

I DO COME WITH BAGGAGE

Now that I am home, bathed, settled-in, and fed,
All nicely tucked into my nice, warm new bed,
I'd like to open my baggage, lest I forget,
There is so much to carry...
So much to regret.

Hmm... yes there is, right on top,
Let's unpack Loneliness, Heartache, and Loss,
And there by my leash hides Fear and Shame,
As I look on these things I tried so hard to leave,
I still have to unpack my baggage called Pain.

I loved them, the others, the ones who left me,
But I wasn't good enough, they didn't want me.
Will you add to my baggage?

Will you help me unpack?
Or will you just look at my things...
And take me right back?

Do you have time to help me unpack?
To put away my baggage, to never repack?
I pray that you do... I'm so tired you see,
But I do come with baggage,
So will you still want me?



BOOK REVIEWS —

“WE’RE ALL EARS!”

YOUR OUTTA CONTROL ADOPTED DOG:

How to turn your Crazy Companion into a Delightful Dog!

by Eve Adamson

Your new adopted dog is totally outta control: He is afraid of everything, won't leave you alone, acts aggressively, or tears around the house. You adopted a dog from a shelter or rescue to enjoy the benefits of canine companionship, but it's not working out the way you planned. You don't know if you can take it anymore — **You need help!**



Your Outta Control Adopted Dog offers clear, step-by-step instructions on how to deal with common problems that make living with your adopted dog a challenge, such as:

- Aggression
- Barking
- Chewing
- Digging
- Housetraining
- Hyperactivity
- Separation anxiety
- Shyness or fearful behaviors

Your Outta Control Adopted Dog will give you the tools you need to turn your little monster into a dog that you can truly trust and enjoy for a lifetime.

WHO'S WHO?

What began after a discussion with several members, has helped us to better know our colleagues. Not to say that we all need "intimate details" about each other's lives, but even a little knowledge helps us know each other a better!

WHO'S NEXT ...

Hi, my name is Terri Kent, I am 51 years old, have 2 children, JJ who is 26 (an electrician), and Kristi, who is 24 and lives in CA. I am married to a wonderful guy whose name is Jeff. I have lived out in the country in rural Wisconsin on the same 40 acres for over 25 years.

I work about 6 miles from my house at the *WI Lions Camp* as an accountant. The camp is situated out in the country on 440 acres with a large lake. We offer camping experiences for the handicapped children every summer at no cost, all supported by the Lions of WI.

I have many hobbies, all of which I do with a passion! I love to hunt, fish, travel, golf, drive my Harley Wide Glide cross country, and I LOVE DOGS! I am owned by 4 of my own. Alex (my oldest) is a doxie and is trained to blood track. Jaela is my search and rescue dog – we have been together and on many searches for over 6 years. I have certified Jaela nationally. She is an airscent specific and also a cadaver (human remains) dog. We have travelled together to many states, including CO, Washington, and South Dakota just to name a few. My two youngest dogs are Skeeter and Cricket, both are paps (shown above)!

I started working with PapHaven shortly after I acquired Skeeter from a breeder. I



Everyone relaxing at home.

longer needed, and from then on I have been working with PapHaven.

I initially started with a bit of a larger dog. I rescued a Irish Wolfhound many years ago, and was also a member of American Eskimo rescue. I have fostered over 7 dogs since I started in rescue, and have logged many miles transporting.

I really need to give alot of credit to my understanding and helpful husband. He is always there to help, and is especially sweet to take care of all the dogs at home when I am travelling for search and rescue work with Jaela! I couldn't do it without him!

Well I hope that gives you an idea of who I am. As you can see by my many hobbies,

work tends to get in the way at times... too many hobbies, not enough time!

I think I'm close to my 500 word assignment that Mz. Nora gave me! It's been a great pleasure to work with PapHaven and all the people I've gotten to know in the last couple of years are just terrific!

THE END

Some of you may have met Skeeter, Cricket, and Terri at the '07 Mingle. I assure you, she doesn't look 51 in person!



The Kent Family



The Great Hunter!



Jaela, the search & rescue dog, with Momma, Terri.